

# 5 Mile PBs

(Updated to Mob Match 2025)

The PBs are for races in a Hayle Shirt.

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
1	M	1	McQuillen-Wright, Chris	0:26:04	Cubert	2008	
2	M	2	Farmer, Sam	0:26:21	Mob Match	2024	
3	M	3	Costello, Daniel	0:26:36	Mob Match	2025	0:01:14
4	M	4	Ellis, Peter	0:26:38	Cubert	2009	
5	M	5	Morant, Jordan	0:27:05	Cubert	2016	
6	M	6	Turner, Russell	0:27:20	Cubert	2013	
7	M	7	Humphrey, Thomas	0:27:37	Cubert	2014	
8	M	8	Ratcliffe, Floyd	0:27:42	Cubert	2017	
9	M	9	Millington, Daniel	0:27:49	Sticker	2025	
10	M	10	Knowles, Simon	0:27:52	Cubert	2013	
11	M	11	Brunnock, Oliver	0:28:05	Sticker	2025	
12	M	12	Hill, Lewis	0:28:06	Cubert	2015	
13	M	13	Hayhurst, Neil	0:28:18	Mob Match	2022	
14	M	14	Gardner, Jacob	0:28:19	Sticker	2023	
15	M	15	Gore, Adam	0:28:33	Mob Match	2022	
16	M	16	Watts, Robert	0:28:38	Cubert	2016	
17	M	17	Abraham, Scott	0:28:39	Cubert	2016	
18	M	18	Wherry, Steve	0:28:55	Cubert	2017	
19	M	19	Savage, Rich	0:28:58	Cubert	2015	
20	M	20	Hagan, Steven	0:29:05	Sticker	2025	
20	M	20	Stone, Matthew	0:29:05	Cubert	2009	
22	M	22	Barnes, Peter	0:29:07	Mob Match	2023	
23	M	23	Horswell, Richard	0:29:12	Cubert	2012	
24	M	24	O'Neill, Liam	0:29:14	Sticker	2025	0:00:32
25	M	25	Fuller, Stephen	0:29:23	Cubert	2018	
26	M	26	Cookson, Neill	0:29:26	Mob Match	2017	
27	M	27	Peel, Andrew	0:29:27	Cubert	2011	
28	M	28	Rosenfeld, Thomas	0:29:33	Mob Match	2022	
29	M	29	Rielly, Ross	0:29:34	Mob Match	2025	
30	F	1	Paull, Emma	0:29:35	Cubert	2015	
31	F	2	Khan, Jane	0:29:41	Sticker	2013	
31	M	30	Malone-Lee, Francis	0:29:41	Sticker	2025	
33	M	31	Mayes, Richard	0:29:43	Cubert	2011	
34	M	32	Costello, Nick	0:29:45	Cubert	2019	
35	M	33	Dowrick, Mike	0:29:48	Penwith Radio	2013	
36	M	34	Barrett, Chris	0:29:55	Cubert	2019	
36	M	34	Warmington, Paul	0:29:55	Cubert	2018	
38	M	36	Murrant, Kieran	0:30:07	Cubert	2013	
39	M	37	Strickland, Daniel	0:30:08	Sticker	2023	
40	M	38	Reid, Alan	0:30:11	Cubert	2008	
41	M	39	Bennett, Edmund	0:30:14	Sticker	2025	0:00:36
42	M	40	Lucas, Ben	0:30:15	Sticker	2010	
42	M	40	Manning, James	0:30:15	Cubert	2016	
44	M	42	Hicks, Sam	0:30:19	Cubert	2009	
45	M	43	Richards, Robert	0:30:23	Cubert	2008	

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46	M	44	Stephens, Jeremy	0:30:28	Cubert	2008	
47	M	45	Purvis, Lloyd	0:30:35	Mob Match	2008	
47	M	45	Roberts, Jordon	0:30:35	Cubert	2009	
49	M	47	Wyatt, Steve	0:30:43	Cubert	2009	
50	M	48	Burford, Lee	0:30:45	Sticker	2025	0:03:08
51	M	49	Taylor, Ross	0:30:54	Mob Match	2022	
52	M	50	Jeffer, Simon	0:30:57	St Agnes	2025	0:00:03
53	M	51	Goodreid, Ian	0:31:00	Cubert	2009	
54	M	52	Turton, Dominic	0:31:15	Mob Match	2023	
55	M	53	Wilding, David	0:31:18	Cubert	2019	
56	M	54	Medlock, Bradley	0:31:24	Mob Match	2024	
57	M	55	Tullett, Adam	0:31:28	Cubert	2006	
58	M	56	Luckhurst, Will	0:31:31	Cubert	2018	
59	M	57	Grose, Simon	0:31:33	Tree Tops	2000	
60	M	58	Curtis, Matt	0:31:38	Cubert	2013	
60	M	58	Jukes, Andy	0:31:38	Tree Tops	2005	
62	M	60	Timms, Simon	0:31:50	Cubert	2013	
63	M	61	Webb, Sean	0:31:54	Mob Match	2006	
64	M	62	Corrigan, Steve	0:32:01	Mob Match	2011	
65	M	63	Guffick, Dave	0:32:02	Mob Match	2023	
66	M	64	Lowdon, John	0:32:06	Cubert	2012	
67	M	65	Connon, Eli	0:32:09	Cubert	2015	
68	M	66	Trembath, Robert	0:32:14	Cubert	2015	
69	F	3	Ruetsch, Fiona	0:32:19	Cubert	2008	
70	F	4	Kenworthy, Sarah	0:32:22	Cubert	2011	
70	M	67	Smith, Derek	0:32:22	Cubert	2010	
72	F	5	Telford, Paula	0:32:24	Mob Match	2010	
73	F	6	Goldsworthy, Rachel	0:32:30	Cubert	2011	
73	M	68	Tonkin, Craig	0:32:30	Cubert	2010	
75	M	69	Atkinson, Paul	0:32:33	Mob Match	2022	
76	M	70	Smith, Andrew	0:32:38	Cubert	2012	
77	F	7	Harrison-Webb, Debbie	0:32:45	Cubert	2010	
77	M	71	Orchard, Mike	0:32:45	Cubert	2006	
79	F	8	Bennett, Charlotte	0:32:49	Cubert	2015	
80	M	72	Grainger, Christopher	0:32:55	Cubert	2009	
81	M	73	Cooling, Steve	0:32:59	Cubert	2015	
82	M	74	Jordan, Peter	0:33:01	Cubert	2011	
83	M	75	Brown, Chris	0:33:06	Mob Match	2023	
83	M	75	Curnow, Ian	0:33:06	Sticker	2023	
85	M	77	Twiggs, Tim	0:33:07	Cubert	2018	
86	M	78	Williams, Mark	0:33:13	Mob Match	2024	
87	M	79	Eva, Nathaniel	0:33:19	Cubert	2019	
88	M	80	Edwards, John	0:33:23	Cubert	2009	
89	M	81	Philpotts, Bob	0:33:26	Mob Match	2006	
90	M	82	Pickering, Stuart	0:33:28	Sticker	2017	

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91	F	9	Savage, Faye	0:33:29	Cubert	2011	
92	M	83	Lyons, Richard	0:33:30	Sticker	2016	
93	M	84	Burrows, Anthony	0:33:31	Sticker	2011	
94	M	85	Savage, Jon	0:33:33	Sticker	2017	
95	M	85	Eldon, Jon	0:33:33	Sticker	2025	0:00:09
96	M	87	Masters, Nick	0:33:35	Cubert	2014	
97	M	88	Attwood, James	0:33:38	Cubert	2013	
98	M	89	Eric, George	0:33:44	Sticker	2019	
99	M	90	Lewis, Jules	0:33:50	Mob Match	2009	
100	M	91	Perry, Aaron	0:33:52	Cubert	2019	
101	M	92	Morris, Paul	0:33:55	Mob Match	2011	
102	M	93	Blight, Andrew	0:33:58	Sticker	2012	
103	M	94	Hill, Terry	0:33:59	Cubert	2008	
104	F	10	Jose, Amy	0:34:00	Cubert	2016	
105	M	95	Young, Curtis	0:34:10	Cubert	2017	
106	M	96	Wall, Alex	0:34:12	Cubert	2013	
107	M	97	Floyd, Rob	0:34:21	Cubert	2013	
108	F	11	Gillespie, Rebecca	0:34:27	Mob Match	2006	
108	F	11	Kirby, Alysia	0:34:27	Cubert	2008	
110	M	98	Yendell, Michael	0:34:29	Cubert	2010	
111	M	99	King, Kevin	0:34:30	Mob Match	2014	
112	M	100	Lee, Steven	0:34:33	Cubert	2008	
112	M	100	Pulley, Sean	0:34:33	Cubert	2018	
114	M	102	Kennett-Parsons, Joe	0:34:35	Sticker	2013	
115	M	103	Newcombe, Giles	0:34:36	Cubert	2015	
116	M	104	Seagger, Paul	0:34:40	Mob Match	2023	
117	F	13	Manners, Melodie	0:34:45	Cubert	2019	
118	M	105	Searle, Andrew	0:34:47	Mob Match	2025	0:00:24
119	M	106	Gough, Paul	0:34:50	Mob Match	2023	
120	M	107	Penberthy, Michael	0:34:51	Cubert	2008	
121	M	108	Sneyd, Paul	0:34:57	Cubert	2011	
122	M	109	Curtis, Oisin	0:34:59	Mob Match	2017	
123	M	110	Regan, Nic	0:35:00	Cubert	2010	
124	M	111	Townend, Stewart	0:35:01	Cubert	2007	
125	F	14	Angilley, Jayne	0:35:02	Cubert	2009	
125	M	112	Holman, Tony	0:35:02	Cubert	2007	
127	M	113	Humbles, Frazer	0:35:06	Mob Match	2022	
128	M	114	Batchelor, David	0:35:09	Cubert	2018	
129	F	15	Patterson, Sarah	0:35:10	Penwith Radio	2012	
130	M	115	Lewis, Martyn	0:35:11	Cubert	2012	
131	F	16	Medlock, Kirsty	0:35:16	Cubert	2017	
132	M	116	Nancarrow, David	0:35:18	Mob Match	2015	
133	M	116	Peters, Nicholas	0:35:18	Sticker	2024	
134	M	118	James, Andrew	0:35:20	Mob Match	2025	0:01:18
135	M	119	England, Frederick	0:35:34	Cubert	2019	

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136	F	17	Friday, Lisa	0:35:38	Cubert	2013	
137	M	120	Reynolds, Todd	0:35:40	Sticker	2025	
138	M	121	Francis, Desmond	0:35:41	Cubert	2009	
139	M	122	Burnell, Frank	0:35:43	Cubert	2009	
140	M	123	Hynard, Mark	0:35:44	Cubert	2008	
141	F	18	Paull, Lucy	0:35:45	Mob Match	2025	0:00:01
142	M	124	Baldwin, Mike	0:35:49	Mob Match	2011	
143	M	125	Humphrey, Irwin	0:35:51	Cubert	2014	
144	M	126	Bradbury, Sean	0:35:52	Mob Match	2023	
145	M	127	Weare, Michael	0:35:54	Cubert	2014	
146	M	128	Ellis, Andrew	0:36:02	Cubert	2018	
147	F	19	Nicholas, Melissa	0:36:02	Sticker	2025	
148	M	129	Silver, Kevin	0:36:03	Mob Match	2022	
149	M	130	Curtis, Martin	0:36:12	Cubert	2009	
150	M	131	Clark, Piran	0:36:13	Cubert	2011	
150	M	131	Moore, Andy	0:36:13	Tree Tops	2005	
152	M	133	Kershaw, David	0:36:19	Sticker	2014	
152	F	20	Rudd, Nikki	0:36:19	Cubert	2014	
154	M	134	Fraser, Glen	0:36:22	Tree Tops	2005	
154	F	21	Shorland, Narina	0:36:22	Cubert	2015	
156	M	135	Campbell, Colin	0:36:24	Mob Match	2010	
157	F	22	Strickland, Lee	0:36:27	Mob Match	2022	
158	F	23	O'Neill, Fiona	0:36:28	St Agnes	2025	0:01:16
159	F	24	Quick, Louise	0:36:30	Cubert	2008	
159	M	136	Starkie, Andrew	0:36:30	Cubert	2015	
161	M	137	Trenchard, Ben	0:36:31	Cubert	2013	
162	M	138	Leo, Cas	0:36:34	Cubert	2012	
163	M	139	Goulbourn, Mark	0:36:37	Cubert	2012	
163	F	25	Knowles, Helen	0:36:37	Cubert	2014	
165	F	26	Ollivier, Louise	0:36:38	Cubert	2015	
166	F	27	Burns, Julia	0:36:50	Cubert	2017	
167	F	28	Mitchell, Debbie	0:36:51	Cubert	2019	
168	F	29	Bastiani, Ellen	0:36:52	Mob Match	2015	
169	M	140	Kearney, Peter	0:36:53	Mob Match	2025	0:13:13
170	F	30	Chesterfield, Caroline	0:36:56	Cubert	2017	
171	M	141	Hall, Josh	0:36:58	Cubert	2010	
172	M	142	Rowe, Martyn	0:36:59	Cubert	2011	
173	M	143	Climer, Phil	0:37:01	Cubert	2008	
174	M	144	James, Darren	0:37:03	Cubert	2006	
175	F	31	Gerrard, Corinne	0:37:09	Cubert	2018	
176	M	145	Waring, Chris	0:37:13	Cubert	2014	
177	M	146	Eatock, John-Paul	0:37:14	Cubert	2009	
178	M	147	Jose, Charlie	0:37:17	Cubert	2014	
179	F	32	Moore, Kelly	0:37:18	Cubert	2016	
180	M	148	Smith, Brian	0:37:19	Cubert	2010	

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181	M	149	Elgar, Simon	0:37:21	Penwith Radio	2015	
182	M	150	Johns, Philip	0:37:27	Sticker	2019	
183	F	33	Tossell, Rebecca	0:37:32	Sticker	2019	
184	F	34	Newing, Sarah	0:37:34	Cubert	2012	
185	M	151	McIvor, Terry	0:37:37	Penwith Radio	2012	
186	M	152	Uren, Darren	0:37:44	Sticker	2024	
187	F	35	Ellen, Emily	0:37:48	Cubert	2019	
188	F	36	Rogers, Tear	0:37:51	Mob Match	2024	
189	M	153	Murrish, Darren	0:37:52	Cubert	2012	
190	F	37	Williams, Maria	0:37:53	Cubert	2011	
191	M	154	Underhill, Craig	0:37:59	Mob Match	2023	
192	F	38	Bowker, Rachel	0:38:03	Cubert	2015	
192	M	155	Cudmore, Nathan	0:38:03	Mob Match	2024	
194	F	39	Garvey, Jessica	0:38:04	Remembrance	2015	
194	M	156	Rowe, Phil	0:38:04	Cubert	2008	
196	F	40	Riggall, Kimberley	0:38:07	Cubert	2014	
197	M	157	Scott, David	0:38:08	Cubert	2008	
197	F	41	Spencer-Smith, Andrea	0:38:08	Cubert	2006	
199	F	42	Lawrenson-Reid, June	0:38:09	Cubert	2006	
200	F	43	Foreman, Michelle	0:38:13	Cubert	2008	
201	M	158	Bastian, Adrian	0:38:15	Cubert	2013	
201	M	158	Parker, Keith	0:38:15	Cubert	2007	
203	M	160	Shepherd, Alan	0:38:18	Tree Tops	2005	
204	F	44	Towers, Julie	0:38:19	Mob Match	2024	
205	M	161	Maclaren, Steve	0:38:20	Sticker	2019	
206	F	45	Goodman, Anna	0:38:21	Mob Match	2024	
207	F	46	Clare, Helen	0:38:23	Cubert	2012	
208	F	47	Simmons, Andrea	0:38:24	St Agnes	2025	0:00:56
209	M	162	Wigram, Tim	0:38:28	Cubert	2011	
210	M	163	Murray, Simon	0:38:29	Mob Match	2023	
211	F	48	Astill, Naomi	0:38:37	Cubert	2018	
212	F	49	Barker, Jane	0:38:39	Mob Match	2022	
213	F	50	Thomas, Alison	0:38:40	Cubert	2017	
214	F	51	Aspden, Gail	0:38:53	Mob Match	2017	
215	M	164	Round, Matthew	0:38:54	Cubert	2013	
216	M	165	Haynes, Howard	0:38:59	Cubert	2008	
217	M	166	Charmichael, David	0:39:02	Cubert	2008	
218	F	52	Bennett, Emily	0:39:06	Cubert	2017	
219	F	53	Holland, Jo	0:39:15	Cubert	2016	
220	M	167	George, Andrew	0:39:17	Cubert	2016	
221	F	54	Warren, Diane	0:39:18	Cubert	2019	
222	M	168	Thomas, Andrew	0:39:19	Sticker	2007	
223	M	169	Wright, Crispin	0:39:21	Mob Match	2009	
223	M	169	Wright, David	0:39:21	Cubert	2013	
225	F	55	Gibson, Alice	0:39:27	Mob Match	2017	

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226	F	56	Cliff, Naomi	0:39:31	Cubert	2009	
226	M	171	Merrett, Graham	0:39:31	Cubert	2016	
228	F	57	Vivian, Gemma	0:39:34	Sticker	2022	
229	F	58	Campbell, Rebecca	0:39:35	Mob Match	2010	
230	F	59	Fitzmaurice, Kate	0:39:36	Cubert	2009	
231	F	60	Renowden, Zoe	0:39:40	Cubert	2018	
232	M	172	Mangion, Santino	0:39:45	Mob Match	2023	
232	F	61	Nicoll, Ruth	0:39:45	Cubert	2008	
234	M	173	Seymour, Rob	0:39:49	Cubert	2010	
235	F	62	Lamerton, Sharon	0:39:50	Mob Match	2015	
236	F	63	Burrow, Melissa	0:39:53	Cubert	2018	
237	F	64	Thomas, Louise	0:39:56	Cubert	2007	
238	M	174	Glew, Graham	0:39:57	Cubert	2019	
239	F	65	Booth, Denise	0:40:05	Cubert	2008	
240	F	66	Mcphail, Mo	0:40:07	Cubert	2012	
241	F	67	Sanders, Iona	0:40:08	Cubert	2008	
242	F	68	Walker, Amy	0:40:10	Cubert	2009	
243	M	175	Thompson, David	0:40:12	Mob Match	2008	
244	F	69	Foreman, Lia	0:40:13	Mob Match	2024	
245	F	70	Markey, Anne	0:40:14	Cubert	2010	
246	M	176	Collett, Richard	0:40:15	Mob Match	2022	
247	M	177	Angwin, Richard	0:40:16	Cubert	2011	
248	M	178	Breakwell, Curt	0:40:19	Sticker	2016	
248	F	71	Lawry, Nikki	0:40:19	Cubert	2016	
250	F	72	Frame, Kate	0:40:20	Mob Match	2025	
251	M	179	Bonar, David	0:40:26	Cubert	2017	
251	F	73	Pierce, Ruth	0:40:26	Cubert	2017	
253	F	74	Walton, Nancy	0:40:27	Sticker	2010	
254	F	75	Wade, Faye	0:40:28	Cubert	2011	
255	F	76	Such, Louise	0:40:31	Cubert	2008	
256	F	77	Poultney, Melissa	0:40:41	Cubert	2015	
256	F	77	Tredinnick, Emma	0:40:41	Cubert	2008	
258	F	79	Smith, Hannah	0:40:42	Cubert	2013	
259	F	80	Spargo, Gail	0:40:45	Cubert	2009	
260	F	81	Lee, Becky	0:40:47	Cubert	2011	
261	F	82	Jones, Amanda	0:40:51	Penwith Radio	2012	
262	F	83	Burgess, Nicki	0:40:54	Mob Match	2006	
263	F	84	Roskilly, Michelle	0:40:56	Cubert	2019	
264	F	85	Galbraith, Kathryn	0:40:57	Mob Match	2023	
265	F	86	Chapman, Susan	0:41:03	Cubert	2011	
266	F	87	Connon, Naomi	0:41:05	Cubert	2015	
267	M	180	Thompson, Fergus	0:41:06	Mob Match	2008	
268	M	181	Swain, Gary	0:41:09	Mob Match	2022	
269	M	182	Blackburn, Simon	0:41:10	Mob Match	2022	
270	M	183	Penhaul, Chunky	0:41:11	Mob Match	2022	

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271	M	184	Evans, Alun	0:41:15	Cubert	2015	
272	M	185	Bristow, Don	0:41:16	Tree Tops	2003	
272	F	88	Merrett, Trish	0:41:16	Mob Match	2010	
272	F	88	Stewart, Kelly	0:41:16	Cubert	2008	
275	M	186	Sobey, David	0:41:17	Mob Match	2008	
276	F	90	Sullivan, Sharon	0:41:26	Cubert	2012	
277	M	187	Thomas, Colin	0:41:27	Cubert	2011	
278	F	91	Adams, Elaine	0:41:30	Cubert	2018	
279	F	92	Litt, Casey	0:41:32	Sticker	2011	
280	F	93	Davis, Jady	0:41:37	Cubert	2013	
281	M	188	Boucher, Richard	0:41:40	Mob Match	2022	
281	M	188	Jordan, Rob	0:41:40	Cubert	2016	
283	F	94	Senior, Anne	0:41:41	Cubert	2013	
284	M	190	Smith, Stuart	0:41:45	Sticker	2023	
285	M	191	Campbell, Chris	0:41:47	Mob Match	2022	
286	M	192	Bennetts, Shaun	0:41:55	Cubert	2017	
286	M	192	Biss, Andrew	0:41:55	Sticker	2010	
288	F	95	Pegg, Rachel	0:41:56	Sticker	2010	
289	F	96	Iivonen-Gray, Katri	0:41:57	Cubert	2018	
289	F	96	Lewis, Caroline	0:41:57	Cubert	2007	
291	F	98	Lacekle, Liga	0:42:01	Mob Match	2013	
292	M	194	De Rozarieux, Nathan	0:42:04	Cubert	2017	
293	F	99	Haghani, Laura	0:42:07	Sticker	2025	0:01:47
294	M	195	Thomas, Paul	0:42:08	Cubert	2014	
295	F	100	Osborn, Kathryn	0:42:12	Cubert	2011	
296	M	196	Hocking, Dan	0:42:23	Mob Match	2024	
297	F	101	Carrill, Rosie	0:42:25	Cubert	2017	
297	F	101	Jelf, Michelle	0:42:25	Cubert	2014	
299	M	197	Drewett, Toby	0:42:26	Cubert	2019	
300	F	103	Bills, Kelly	0:42:27	Sticker	2024	
301	F	104	Forbes, Jennifer	0:42:30	Mob Match	2023	
302	F	105	Billing, Kathryn	0:42:31	Cubert	2009	
303	F	106	Billington, Melanie	0:42:37	Cubert	2016	
304	F	107	Holly, Michaela	0:42:38	Sticker	2011	
304	F	107	Pellow, Julie	0:42:38	Cubert	2011	
304	M	198	Tredinnick, Terry	0:42:38	Cubert	2009	
307	M	199	Burrows, Robert	0:42:39	Mob Match	2023	
308	F	109	Cardell, Timothea	0:42:40	Cubert	2010	
309	F	110	Holley, Michaela	0:42:41	Cubert	2012	
310	M	200	Roskruge, Martin	0:42:52	Cubert	2013	
311	M	201	Merrett, Sean	0:42:54	Cubert	2016	
312	F	111	Rowat, Sharon	0:43:01	Mob Match	2015	
313	F	112	Buckland, Jennifer	0:43:02	Mob Match	2024	
314	M	202	Feber, Stephen	0:43:09	Mob Match	2008	
315	M	203	Rockett, Tim	0:43:13	Cubert	2007	

# 5 Mile PBs

(Updated to Mob Match 2025)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
316	F	113	Lewis, Bridget	0:43:17	Mob Match	2025	0:00:16
317	F	114	Burgess, Mel	0:43:21	Mob Match	2025	0:00:18
317	F	114	Ferguson, Ana	0:43:21	Cubert	2013	
319	F	116	Long, Fran	0:43:24	Cubert	2016	
320	F	117	Martin, Kelly	0:43:26	Cubert	2015	
321	F	118	Stone, Natasha	0:43:29	Cubert	2015	
322	F	119	Rouncefield, Carol	0:43:31	Cubert	2011	
323	F	120	O'Keeffe, Jackie	0:43:34	Cubert	2011	
324	M	204	Flores, Pierre	0:43:39	Mob Match	2017	
325	F	121	Baldwin, Sarah	0:43:39	Mob Match	2009	
326	F	122	De Ruvo, Maria	0:43:42	Mob Match	2022	
327	F	123	Kitchen, Amelia	0:43:50	Cubert	2019	
328	F	124	Crehan, Kate	0:43:55	Cubert	2019	
328	F	124	La Brash, Angela	0:43:55	Sticker	2013	
328	F	124	Wills, Kerry	0:43:55	Mob Match	2011	
331	F	127	Laing, Stella	0:44:03	Cubert	2009	
332	F	128	Woolnough, Hannah	0:44:08	Cubert	2011	
333	F	129	Ray, Pamela	0:44:09	Mob Match	2017	
334	F	130	Casey, Helen	0:44:10	Mob Match	2022	
335	M	205	Matta, Chris	0:44:19	Sticker	2010	
336	F	131	Willcocks, Jayne	0:44:24	Tree Tops	2005	
337	F	132	Cuthbert, Helen	0:44:28	Mob Match	2025	0:00:36
338	F	132	Smith, Anita	0:44:28	Cubert	2010	
339	F	134	Clifton, Faye	0:44:31	Cubert	2014	
340	F	135	Stone, Olivia	0:44:32	Cubert	2013	
341	M	206	Cornish, Trevor	0:44:36	Cubert	2019	
341	F	136	Stephens, Gemma	0:44:36	Penwith Radio	2013	
343	F	137	Abraham, Amy	0:44:39	Cubert	2018	
344	F	138	Caddamy, Michele	0:44:41	Cubert	2011	
345	F	139	Pearce, Deborah	0:44:46	Mob Match	2015	
346	F	140	Wilding, Sarah	0:44:47	Cubert	2017	
347	F	141	Hanson, Julie	0:44:50	Mob Match	2006	
348	F	142	Fitt, Michelle	0:44:51	Sticker	2023	
349	F	143	Pochee, Amanda	0:44:56	Cubert	2017	
350	F	144	Kearney, Jemma	0:44:59	Mob Match	2025	0:02:15
351	F	145	Gore, Jamie	0:45:03	Cubert	2019	
351	F	145	Knowles, Tamsin	0:45:03	Cubert	2018	
351	F	145	Redfern, Jackie	0:45:03	Cubert	2010	
354	F	148	Allen, Sarah	0:45:04	Mob Match	2025	0:00:07
355	F	149	De Barros, Sara	0:45:05	Mob Match	2015	
356	F	150	Phillips, Ruth	0:45:06	Cubert	2019	
357	M	207	Lagor, Stephen	0:45:07	Cubert	2014	
358	F	151	Wright, Pandora	0:45:13	Cubert	2007	
359	F	152	Beman, Lynn	0:45:14	Cubert	2009	
360	M	208	Bowden, Ian	0:45:17	Cubert	2010	

# 5 Mile PBs

(Updated to Mob Match 2025)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
361	F	153	Stevens, Carol	0:45:18	Penwith Radio	2012	
362	F	154	Caroll, Rosie	0:45:27	Sticker	2017	
363	F	155	Carter, Nikki	0:45:28	Cubert	2014	
364	F	156	Uren, Lisa	0:45:33	Sticker	2024	
365	F	157	Rogers, Zenna	0:45:34	Cubert	2017	
365	F	157	Tonkin, Jane	0:45:34	Tree Tops	2005	
367	M	209	Reynolds, Andrew	0:45:36	Cubert	2008	
368	F	159	Cumbley, Kat	0:45:39	Mob Match	2017	
369	M	210	Swetnam, Jim	0:45:44	Mob Match	2015	
370	F	160	Davis, Ruth	0:45:45	Cubert	2015	
371	F	161	Haley, Sherry	0:45:56	Cubert	2011	
372	F	162	Smith, Mo	0:46:02	Cubert	2011	
373	F	163	Charles, Kirsty	0:46:07	Cubert	2011	
373	F	163	Freebury, Pauline	0:46:07	Mob Match	2011	
373	F	163	Thompson, Tamsin	0:46:07	Mob Match	2013	
376	F	166	Wright, Natasha	0:46:16	Cubert	2018	
377	F	166	Clark, Margaret	0:46:16	Mob Match	2023	
378	F	168	Hogan, Sandra	0:46:24	Cubert	2009	
379	F	169	Gibbard, Helen	0:46:26	Mob Match	2007	
380	F	170	Sycamore, Kathryn	0:46:28	Cubert	2008	
381	F	171	Harvey Hancock, Missie	0:46:30	Mob Match	2013	
381	F	171	Stevens, Lynette	0:46:30	Cubert	2011	
383	F	173	Topping, Laura	0:46:39	Mob Match	2025	
384	F	174	Moore, Liz	0:46:45	Cubert	2009	
385	F	175	Dudding, Debi	0:46:50	Cubert	2015	
386	F	176	Greef, Jayne	0:46:53	Cubert	2010	
387	F	177	Green, Nikki	0:46:58	Cubert	2015	
388	F	178	Marks, Victoria	0:46:59	Cubert	2017	
388	M	211	Morley, Nick	0:46:59	Great Flat Lode	2011	
390	M	212	Mulliss, Rowan	0:47:00	Sticker	2025	
391	F	179	Baker, Cerys	0:47:04	Cubert	2011	
392	M	213	Clarke, Dale	0:47:05	Cubert	2019	
393	F	180	Elgar, Rebecca	0:47:08	Cubert	2015	
394	F	181	Rochford, Hayley	0:47:09	Cubert	2013	
395	F	182	Culley, Carol	0:47:11	Cubert	2015	
396	F	183	King, Wendy	0:47:12	Cubert	2012	
397	F	184	Williams, Laura	0:47:13	Cubert	2018	
398	F	185	Hill, Jo	0:47:16	Cubert	2012	
399	F	186	Mills, Helen	0:47:30	Cubert	2014	
399	F	186	Stainsby, Elaine	0:47:30	Cubert	2009	
399	F	186	Wood, Sarah	0:47:30	Cubert	2011	
402	M	214	De Ruvo, Daniel	0:47:33	Mob Match	2023	
402	F	189	Little, Catherine	0:47:33	Cubert	2008	
404	F	190	Williams, Tania	0:47:35	Cubert	2016	
405	M	215	Bennetts, William	0:47:36	Cubert	2008	

# 5 Mile PBs

(Updated to Mob Match 2025)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
406	F	191	Reid, Michelle	0:47:45	Cubert	2008	
407	F	192	Livonen-Gray, Katri	0:47:47	Cubert	2017	
408	M	216	Cathcart, Saul	0:47:49	Cubert	2011	
408	F	193	Green, Anna	0:47:49	Cubert	2011	
410	M	217	Harling, Jack	0:47:50	Cubert	2012	
411	M	218	Bennett, Shaun	0:47:53	Cubert	2016	
412	F	194	Kirk, Debbie	0:48:09	Mob Match	2008	
413	F	195	Kirk, Jo	0:48:10	Cubert	2012	
414	F	196	Regan, Ellen	0:48:15	Mob Match	2025	
415	M	219	Gill, David	0:48:19	Mob Match	2025	0:02:14
416	M	220	Heather, Andrew	0:48:21	Mob Match	2025	0:01:34
417	F	197	James, Linda	0:48:31	Cubert	2009	
418	M	221	Saundry, Richard	0:48:32	Penwith Radio	2012	
418	F	198	Stone, Claire	0:48:32	Mob Match	2024	
420	F	199	Deere, Louise	0:48:33	Cubert	2018	
421	F	200	Costello, Susan	0:48:34	Cubert	2018	
422	F	201	Scholes, Claire	0:48:41	Mob Match	2010	
423	F	202	Kenney, Charlotte	0:48:44	Cubert	2017	
424	F	203	Jelbert, Ruth	0:48:51	Cubert	2008	
425	F	204	Nimmo, Karen	0:48:53	Cubert	2011	
425	F	204	Richards, Sara	0:48:53	Cubert	2018	
425	F	204	Shaw, Nicki	0:48:53	Cubert	2008	
428	F	207	Brennan, Valerie	0:48:58	Cubert	2012	
428	F	207	Davies Kirsop, Florence	0:48:58	Mob Match	2015	
430	F	209	Brandreth, Jacky	0:49:05	Cubert	2011	
431	F	210	Masters, Nicola	0:49:06	Mob Match	2023	
432	F	211	Neil, Jennifer	0:49:11	Cubert	2012	
433	F	212	Roberts, Dominique	0:49:13	Cubert	2008	
433	F	212	Wood, Penny	0:49:13	Cubert	2008	
435	F	214	Pascoe, Wendy	0:49:14	Cubert	2017	
436	F	215	Harry, Becky	0:49:32	Cubert	2008	
437	F	216	Gunn, Ruth	0:49:41	Cubert	2013	
437	F	216	Hocking, Stacey	0:49:41	Cubert	2018	
439	F	218	Potter, Claire	0:49:44	Cubert	2011	
440	M	222	Brennan, Tom	0:49:49	Mob Match	2008	
441	M	223	Jones, Huw	0:49:50	Cubert	2018	
441	F	219	Sycamore, Grace	0:49:50	Cubert	2017	
443	M	224	Woolley, David	0:49:51	Penwith Radio	2012	
444	F	220	Vaughan, Anna	0:49:52	Cubert	2011	
445	F	221	Parker, Deborah	0:49:54	Penwith Radio	2015	
445	F	221	Wilson, Lucy	0:49:54	Penwith Radio	2015	
447	F	223	Moore, Sue	0:49:59	Cubert	2017	
448	M	225	Hoskins, Matthew	0:50:00	Cubert	2009	
449	F	224	Middlemiss, Marilyn	0:50:08	Cubert	2008	
450	F	225	Allnutt, Pat	0:50:09	Cubert	2010	

# 5 Mile PBs

(Updated to Mob Match 2025)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
451	F	226	Stone, Jackie	0:50:16	Mob Match	2023	
452	M	226	Squire, Mark	0:50:22	Mob Match	2022	
453	M	227	Bolitho, Robert	0:50:32	Mob Match	2023	
453	F	227	Oxenham, Lynne	0:50:32	Mob Match	2006	
455	F	228	Squire, Helen	0:50:33	Mob Match	2025	0:00:28
456	F	229	Galloway, Kathryn	0:50:34	Cubert	2008	
457	F	230	Challoner, Jady	0:50:36	Penwith Radio	2012	
458	F	231	James, Michaela	0:50:45	Penwith Radio	2012	
458	M	228	Marsh, Stuart	0:50:45	Cubert	2017	
460	F	232	Massey, Jennie	0:50:49	Cubert	2015	
461	F	233	McGuire, Jo	0:50:50	Cubert	2013	
462	F	234	Newcombe, Jo	0:50:59	Cubert	2017	
463	M	229	Jones, Dylan	0:51:02	Cubert	2010	
464	F	235	Clark, Theresa	0:51:09	Sticker	2024	
465	F	236	Thomas, Susan	0:51:15	Sticker	2024	
466	F	237	Simmons, Ruth	0:51:16	Cubert	2011	
467	F	238	Mackintosh, Susie	0:51:19	Cubert	2016	
468	F	239	Mates, Lauren	0:51:24	Cubert	2017	
469	F	240	Deaves, Liberty	0:51:29	Cubert	2013	
469	F	240	Whitefield, Mary	0:51:29	Cubert	2013	
471	F	242	Curnow, Margaret	0:51:31	Cubert	2018	
472	F	243	Belshaw, Sarah	0:51:32	Cubert	2012	
472	F	243	Turner, Glynnis	0:51:32	Mob Match	2015	
474	F	245	Richards, Helen	0:51:36	Mob Match	2022	
475	M	230	Hemingway-Wright, Stephen	0:51:40	Cubert	2009	
476	M	231	Wright, Mike	0:51:41	Cubert	2011	
477	F	246	Howorth, Anna	0:51:53	Cubert	2008	
478	F	247	Richards, Jackie	0:51:54	Cubert	2010	
479	F	248	Pollard, Jean	0:52:00	Cubert	2009	
480	F	249	Timms, Carolyn	0:52:01	Cubert	2018	
481	F	250	Henry, Naila	0:52:05	Mob Match	2011	
481	M	232	Webster, Piers	0:52:05	Cubert	2009	
483	M	233	Adams, Mark	0:52:13	Cubert	2016	
483	F	251	Savage, Suzy	0:52:13	Cubert	2017	
485	F	252	Painter, Sarah	0:52:16	Cubert	2014	
486	F	253	Warren, Rebecca	0:52:18	Cubert	2011	
487	M	234	Bumford, James	0:52:19	Mob Match	2011	
488	F	254	Nimmo, Donna	0:52:34	Penwith Radio	2012	
489	F	255	Alexander, Lesley	0:52:36	Cubert	2011	
489	F	255	Baldwin, Charlotte	0:52:36	Mob Match	2011	
491	F	257	Uren, Gina	0:52:38	Cubert	2015	
492	F	258	Bolitho, Julie	0:52:42	Sticker	2022	
493	F	259	Atherton, Julie	0:52:44	Cubert	2016	
494	F	260	Catran-Dunlop, Helen	0:52:46	Mob Match	2022	
494	F	260	Hart, Caroline	0:52:46	Cubert	2009	

# 5 Mile PBs

(Updated to Mob Match 2025)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
496	F	262	Good, Christine	0:52:58	Cubert	2011	
496	F	262	Nicholls, Derrika	0:52:58	Cubert	2011	
498	F	264	Naylor, Jane	0:53:02	Sticker	2022	
499	F	265	Rickard, Lucy	0:53:10	Cubert	2011	
500	F	266	Ezra, Mandy	0:53:15	Cubert	2010	
501	F	267	Rowe, Christina	0:53:21	Cubert	2014	
502	F	268	Jukes, Ashley	0:53:22	Cubert	2013	
502	F	268	Lewis, Deborah	0:53:22	Mob Match	2015	
504	F	270	Miller, Amanda	0:53:25	Mob Match	2022	
505	F	271	Ellis, Jemma	0:53:27	Cubert	2019	
506	M	235	Kneale, Marcus	0:53:48	Cubert	2013	
507	F	272	Cheel, Amanda	0:53:49	Cubert	2012	
507	F	272	Thomason, Vicky	0:53:49	Cubert	2013	
509	F	274	Drew, Emily	0:53:50	Cubert	2014	
510	F	275	Pickersgill, Janet	0:53:53	Penwith Radio	2012	
511	F	276	Emery, Susanne	0:53:54	Penwith Radio	2013	
512	F	277	Billington, Laetitia	0:54:08	Sticker	2016	
513	F	278	Lay, Jo	0:54:22	Cubert	2019	
514	M	236	Armitage, Mike	0:54:25	Mob Match	2006	
515	F	279	Pleasants, Sam	0:54:26	Penwith Radio	2012	
516	F	280	Laetitia, Billington	0:54:29	Cubert	2016	
517	F	281	Mills, Michelle	0:54:35	Cubert	2011	
518	M	237	Naylor, Steven	0:54:36	Mob Match	2022	
519	F	282	Johns, Sarah	0:54:51	Mob Match	2022	
520	F	283	Hardy, Katie	0:54:55	Cubert	2013	
521	F	284	Taylor, Emma	0:55:10	Mob Match	2025	
521	F	284	Thomson, Rachel	0:55:10	Mob Match	2025	
523	F	286	King, Suzi	0:55:33	Cubert	2012	
524	F	287	Atkinson, Anita	0:55:37	Cubert	2012	
525	F	288	Johns, Emma	0:55:39	Mob Match	2023	
526	F	289	Byrne, Deborah	0:55:49	Cubert	2008	
527	F	290	Gore, Amanda	0:56:03	Mob Match	2022	
528	F	291	Gray, Kelly	0:56:14	Cubert	2017	
528	F	291	Jones, Mary	0:56:14	Cubert	2017	
530	M	238	Frost, Julie	0:56:17	Mob Match	2024	
530	F	293	Ninnes, Louise	0:56:17	Great Flat Lode	2011	
532	F	294	Correnti, Sarah	0:56:26	Cubert	2018	
533	F	295	Butler, Lorraine	0:56:54	Cubert	2011	
534	F	296	Ormerod, Su	0:57:09	Cubert	2015	
535	F	297	Evans, Julie	0:57:16	Cubert	2012	
536	F	298	Page, Jo	0:57:24	Penwith Radio	2012	
537	F	299	Clough, Lucy	0:57:29	Cubert	2012	
538	F	300	Giffal, Verity	0:57:31	Cubert	2009	
539	F	301	Coldrick, Debra	0:57:32	Penwith Radio	2012	
540	F	302	Farley, Jenna	0:57:35	Cubert	2014	

# 5 Mile PBs

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
540	F	302	Phillips, Caroline	0:57:35	Cubert	2010	
542	F	304	Pilling, Pauline	0:57:44	Mob Match	2006	
543	F	305	Dixon, Samantha	0:57:47	Mob Match	2022	
543	F	305	Kitchener, Megan	0:57:47	Cubert	2016	
545	F	307	Mungles, Clare	0:57:54	Cubert	2016	
546	F	308	Williams, Soraya	0:58:07	Mob Match	2025	0:01:47
547	F	309	Jeffery, Jan	0:58:09	Cubert	2008	
548	F	310	Johnson, Beth	0:58:10	Cubert	2013	
549	F	311	Wilkinson, Hannah	0:58:11	Cubert	2018	
550	F	312	Douglas, Sue	0:58:13	Cubert	2008	
551	F	313	Berriman, Anne	0:58:24	Cubert	2009	
552	F	314	Sedgman, Linda	0:58:25	Penwith Radio	2012	
553	F	315	Hamshar, Helen	0:58:32	Penwith Radio	2012	
553	F	315	Jenkin, Lucy	0:58:32	Penwith Radio	2012	
555	F	317	Ellis, Sarah	0:58:55	Mob Match	2023	
556	F	318	McNaughton-James, Sarah	0:59:07	Cubert	2017	
557	F	319	Charlton, Amy	0:59:12	Sticker	2022	
558	F	320	Cobell, Anne	0:59:15	Mob Match	2025	0:00:38
559	F	321	Nancarrow, Karen	0:59:38	Sticker	2012	
560	F	322	Sills, Helen	0:59:59	Cubert	2012	
561	F	323	Hayes, Frances	1:00:28	Cubert	2011	
562	F	324	Rowe, Emma	1:00:35	Sticker	2007	
563	F	325	Robinson, Samantha	1:00:37	Mob Match	2023	
564	F	326	Walton, Marie	1:00:52	Cubert	2010	
565	F	327	Pamphilon, Lorna	1:01:14	Cubert	2011	
566	F	328	Murley, Louise	1:01:19	Sticker	2016	
567	F	329	Burton, Lorna	1:01:34	Mob Match	2025	
568	F	330	Dark, Donna	1:02:39	Mob Match	2023	
569	F	331	Bonar, Karen	1:02:41	Cubert	2012	
569	F	331	Jopson, Louise	1:02:41	Cubert	2012	
571	F	333	Hewett, Holly	1:02:57	Sticker	2025	
572	F	334	Collier, Samantha	1:02:59	Sticker	2025	
573	F	335	Mills, Helen	1:04:16	Cubert	2018	
574	F	336	Trenchard, Lisa	1:04:49	Mob Match	2006	
575	F	337	Heather, Jo	1:08:33	Sticker	2024	
576	F	338	Lilley, Della	1:10:44	Penwith Radio	2012	
577	F	339	Potter, Elaine	1:18:01	Cubert	2012	

# 5 Mile PBs

(Updated to Mob Match 2025)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2025 Progress
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