

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
1	M	1	Rowe, Joshua	0:32:01	Validity London 10k	2022	
2	M	2	Costello, Daniel	0:32:38	Speedway 10k	2026	0:01:45
3	M	3	Farmer, Sam	0:32:53	Lightning Bolt	2024	
4	M	4	Gardner, Jacob	0:33:09	Lightning Bolt	2023	
5	M	5	McQuillen-Wright, Chris	0:33:20	Mounts Bay	2007	
6	M	6	Ellis, Peter	0:33:55	Mounts Bay	2010	
7	M	7	Morant, Jordan	0:34:03	Bideford	2026	0:00:05
8	M	8	Humphrey, Thomas	0:34:32	Marazion	2015	
9	M	9	Hayhurst, Neil	0:35:00	Burrator	2024	
10	M	10	Brunnock, Oliver	0:35:03	Lightning Bolt	2024	
11	M	11	Hagan, Steven	0:35:27	Newquay	2025	
12	M	12	Ratcliffe, Floyd	0:35:36	St Levan	2017	
13	M	13	Gore, Adam	0:35:50	Exeter	2023	
14	M	14	Turner, Russell	0:36:07	Marazion	2013	
15	M	15	Knowles, Simon	0:36:11	Marazion	2015	
16	M	16	Savage, Rich	0:36:14	Newquay	2012	
17	M	17	Rosenfeld, Thomas	0:36:23	St Levan	2021	
18	M	18	Bennett, Edmund	0:36:32	Marazion	2025	
19	M	19	Horswell, Richard	0:36:36	Ivybridge	2012	
19	F	1	Paull, Emma	0:36:36	Marazion	2015	
21	M	20	Abraham, Scott	0:36:37	Newquay	2014	
22	M	21	Marsden, Stanley	0:36:39	Marazion	2025	
23	M	22	Dowrick, Mike	0:36:40	Newquay	2013	
23	M	22	Barnes, Peter	0:36:40	Newquay	2023	
25	M	24	Watts, Robert	0:36:41	Newquay	2017	
26	M	25	Rielly, Ross	0:36:47	Newquay	2026	
27	M	26	Purvis, Lloyd	0:36:50	Newquay	2016	
27	M	26	Cookson, Neill	0:36:50	Eastleigh	2019	
29	M	28	Wherry, Steve	0:36:57	Newquay	2017	
29	M	28	O'Neill, Liam	0:36:57	Newquay	2025	
31	M	30	Newman, Jack	0:37:00	Newquay	2026	0:03:14
32	M	31	Stephens, Jeremy	0:37:15	Mounts Bay	2010	
33	M	32	Malone-Lee, Francis	0:37:18	Marazion	2025	
34	M	33	Murrant, Kieran	0:37:21	Newquay	2013	
34	M	33	Fuller, Stephen	0:37:21	Newquay	2022	
36	M	35	Reid, Alan	0:37:28	Mounts Bay	2008	
37	M	36	Summers, Jake	0:37:29	Battersea Park	2025	
38	M	37	Warmington, Paul	0:37:31	Newquay	2026	0:00:23
39	M	38	Wyatt, Steve	0:37:37	Newquay	2007	
40	M	38	Millington, Daniel	0:37:37	Trevornick	2026	
40	M	38	Strickland, Daniel	0:37:37	Newquay	2023	
42	M	41	Mayes, Richard	0:37:38	Newquay	2011	
43	M	42	Hill, Lewis	0:37:40	Marazion	2015	
44	M	43	Costello, Nick	0:37:47	Newquay	2019	
45	M	44	Hicks, Sam	0:37:51	Newquay	2009	
46	M	45	Medlock, Bradley	0:38:01	Newquay	2024	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.
Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
47	M	46	Paroissien, Andrew	0:38:08	Newquay	2019	
48	M	47	Wright, Martin	0:38:11	Marazion	2024	
49	M	48	Jeffer, Simon	0:38:34	Newquay	2025	
50	M	49	Burton, Thomas	0:38:37	Regent's Park	2025	
51	M	50	Turton, Dominic	0:38:41	Newquay	2024	
52	M	51	Manning, James	0:38:43	Newquay	2019	
53	M	52	Richards, Robert	0:38:51	Newquay	2007	
54	M	53	Beer, Joe	0:38:52	Lightning Bolt	2024	
54	M	53	Crook, Liam	0:38:52	Marazion	2024	
56	M	55	Timms, Simon	0:38:59	Marazion	2013	
57	M	56	Goodreid, Ian	0:39:00	Mounts Bay	2010	
58	M	57	Curtis, Matt	0:39:01	Marazion	2012	
59	M	58	Jukes, Andy	0:39:03	Newquay	2005	
60	M	59	Davies, Max	0:39:10	Newquay	2025	
61	M	60	Atkinson, Paul	0:39:11	Newquay	2022	
62	M	61	Lucas, Ben	0:39:15	Newquay	2011	
62	M	61	Barrett, Chris	0:39:15	Newquay	2018	
64	M	63	Guffick, Dave	0:39:18	Newquay	2024	
65	M	64	Eldon, Jon	0:39:21	Bideford	2026	0:01:29
65	M	64	Clifton, Alex	0:39:21	Mounts Bay	2008	
65	F	2	Khan, Jane	0:39:21	Newquay	2014	
65	M	64	Webb, Sean	0:39:21	Mounts Bay	2007	
65	M	64	Wilding, David	0:39:21	Newquay	2022	
70	M	68	Gill, Stuart	0:39:26	Newquay	2014	
71	M	69	Kennett-Parsons, Joe	0:39:36	Newquay	2013	
72	M	70	Burrows, Anthony	0:39:44	Newquay	2011	
73	M	71	Pickles, Jonathan	0:39:49	Newquay	2014	
73	M	71	Tullett, Adam	0:39:49	Hayle Handicap	2005	
75	M	73	Wingell, Paul	0:39:53	Newquay	2019	
76	M	74	Hayes, Curtis	0:40:22	Chester	2025	
76	M	74	Luckhurst, Will	0:40:22	Newquay	2019	
78	M	76	Corrigan, Steve	0:40:23	Newquay	2011	
78	F	3	Telford, Paula	0:40:23	Newquay	2010	
80	M	77	Freeland, Jake	0:40:27	Newquay	2022	
81	M	78	Grose, Simon	0:40:30	Falmouth	2000	
82	M	79	Reynolds, Todd	0:40:34	Newquay	2026	0:02:07
83	M	80	Trembath, Robert	0:40:38	Newquay	2015	
84	M	81	Smith, Andrew	0:40:39	Runway Runaround	2012	
85	M	82	Curnow, Ian	0:40:40	Newquay	2025	
86	M	83	Lowdon, John	0:40:41	Newquay	2017	
87	F	4	Kenworthy, Sarah	0:40:56	St Levan	2011	
88	F	5	Goldsworthy, Rachel	0:40:58	Marazion	2011	
89	M	84	Attwood, James	0:40:59	Marazion	2015	
90	M	85	Williams, Mark	0:41:00	Newquay	2023	
91	M	86	Lewis, Jules	0:41:01	Newquay	2009	
91	M	86	Philpotts, Bob	0:41:01	Newquay	2006	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
93	M	88	James, Andrew	0:41:06	Newquay	2026	0:04:54
94	M	89	Burford, Lee	0:41:09	Newquay	2020	
95	M	90	James, Darren	0:41:20	Met 10k	2007	
96	M	91	Morris, Paul	0:41:29	Plymouth	2011	
97	F	6	Bennett, Charlotte	0:41:33	Marazion	2015	
98	M	92	Bradbury, Sean	0:41:40	Marazion	2024	
98	M	92	Taylor, Hugh	0:41:40	Marazion	2024	
100	F	7	Ruetsch, Fiona	0:41:41	Newquay	2008	
100	M	94	Smith, Derek	0:41:41	Mounts Bay	2008	
102	M	95	Tonkin, Craig	0:41:44	Marazion	2012	
103	M	96	Davies, Kieran	0:41:46	Marazion	2013	
104	M	97	Williams, Ashley	0:41:56	Marazion	2024	
105	M	98	Pickering, Stuart	0:42:03	St Levan	2016	
106	F	8	Savage, Faye	0:42:06	Marazion	2014	
107	M	99	Floyd, Rob	0:42:08	Newquay	2013	
108	M	100	Twiggs, Tim	0:42:11	Newquay	2018	
109	M	101	Cooling, Steve	0:42:19	St Levan	2014	
110	F	9	Gillespie, Rebecca	0:42:24	Mounts Bay	2006	
111	F	10	Harrison-Webb, Debbie	0:42:28	Newquay	2013	
112	M	102	King, Kevin	0:42:30	Marazion	2015	
112	M	102	Masters, Nick	0:42:30	Newquay	2018	
114	M	104	Brooks, Alex	0:42:31	Newquay	2026	0:02:33
114	M	104	Townend, Stewart	0:42:31	Mounts Bay	2006	
116	M	106	Orchard, Mike	0:42:34	Mounts Bay	2006	
117	M	107	Balmer, Luke	0:42:36	Mounts Bay	2009	
118	M	108	Hill, Terry	0:42:41	Newquay	2007	
118	M	108	Pope, Kevin	0:42:41	Newquay	2017	
120	F	11	Jose, Amy	0:42:49	Newquay	2018	
121	M	110	Grainger, Christopher	0:42:52	Newquay	2008	
122	M	111	Jordan, Peter	0:42:53	Newquay	2017	
123	M	112	Hall, Josh	0:42:57	Mounts Bay	2010	
124	M	113	Ward, Kevin	0:43:00	Newquay	2026	
125	M	114	Wall, Alex	0:43:01	Marazion	2013	
125	M	114	Eva, Nathaniel	0:43:01	St Levan	2019	
125	M	114	Perry, Aaron	0:43:01	St Levan	2019	
128	F	12	Manners, Melodie	0:43:05	Newquay	2020	
129	M	117	Sneyd, Paul	0:43:07	Newquay	2017	
130	M	118	Savage, Jon	0:43:10	Newquay	2017	
131	F	13	Angilley, Jayne	0:43:12	Mounts Bay	2009	
132	M	119	Edwards, John	0:43:19	Mounts Bay	2010	
133	M	120	Date, Malcolm	0:43:21	St Levan	2007	
134	M	121	Pound, Craig	0:43:23	Newquay	2024	
135	M	122	Blight, Andrew	0:43:37	St Levan	2011	
136	M	123	Searle, Andrew	0:43:38	Marazion	2024	
137	M	124	Peters, Nicholas	0:43:39	Newquay	2024	
138	M	125	Lee, Steven	0:43:41	Marazion	2011	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
139	M	125	Uren, Darren	0:43:41	Newquay	2024	
140	M	127	Little, Samuel	0:43:44	Newquay	2026	0:05:18
141	F	14	Rogers, Tear	0:43:48	Newquay	2026	0:01:53
142	M	128	Baldwin, Mike	0:43:51	Marazion	2012	
142	M	128	Gough, Paul	0:43:51	Newquay	2024	
144	M	130	Eric, George	0:43:54	Newquay	2019	
145	M	131	Penberthy, Michael	0:43:55	Marazion	2011	
146	M	132	Seabury, Ian	0:44:06	Marazion	2024	
147	M	133	Curtis, Oisin	0:44:07	Newquay	2022	
148	M	134	Francis, Desmond	0:44:12	Mounts Bay	2010	
149	M	135	Humbles, Frazer	0:44:13	Marazion	2025	
150	M	135	Yendell, Michael	0:44:13	Marazion	2013	
151	M	137	Newcombe, Giles	0:44:23	Newquay	2017	
152	F	15	Holland, Jennifer	0:44:28	Newquay	2009	
153	M	138	Stone, Matthew	0:44:29	Marazion	2013	
154	M	139	Brown, Chris	0:44:30	Trevornick	2023	
155	M	140	Silver, Kevin	0:44:31	Newquay	2023	
156	M	141	Batchelor, David	0:44:33	St Levan	2018	
157	F	16	Tossell, Rebecca	0:44:36	Bideford	2021	
158	M	142	Pulley, Sean	0:44:42	St Levan	2018	
159	M	143	Kershaw, David	0:44:45	Newquay	2014	
159	M	143	Seagger, Paul	0:44:45	St Ives Bay	2021	
161	F	17	Medlock, Kirsty	0:44:47	Newquay	2025	
162	F	18	Knowles, Helen	0:44:48	Newquay	2012	
163	F	19	Kirby, Alysia	0:44:50	Mounts Bay	2008	
164	F	20	Patterson, Sarah	0:44:58	St Levan	2012	
164	F	20	Paull, Lucy	0:44:58	Newquay	2014	
166	M	145	Humphrey, Irwin	0:45:03	Marazion	2015	
167	F	22	Nicholas, Melissa	0:45:05	Newquay	2025	
168	M	146	Holman, Tony	0:45:07	Mounts Bay	2006	
169	M	147	Moore, Andy	0:45:09	Mounts Bay	2005	
170	M	148	Eatock, John-Paul	0:45:19	Mounts Bay	2009	
171	F	23	O'Neill, Fiona	0:45:22	Marazion	2025	
171	M	149	Ralph, Alexander	0:45:22	Gibbet Challenge	2024	
173	M	150	Martinsson, Siggi	0:45:25	St Levan	2018	
174	M	151	England, Frederick	0:45:34	St Levan	2019	
175	F	24	Shorland, Narina	0:45:36	Newquay	2014	
176	M	152	Clifford, Tommy	0:45:37	Newquay	2019	
177	M	153	Santi Garcia, Carlos	0:45:39	Newquay	2016	
178	M	154	Cuthbert, Alfie	0:45:40	Newquay	2026	0:05:47
178	F	25	Aspden, Gail	0:45:40	Newquay	2018	
180	M	155	Curtis, Martin	0:45:44	Newquay	2009	
181	M	156	Burnell, Frank	0:45:45	St Levan	2008	
182	M	157	Ellis, Andrew	0:45:50	Newquay	2019	
183	M	158	Starkie, Andrew	0:45:53	Newquay	2015	
184	F	26	Friday, Lisa	0:45:58	Marazion	2012	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
185	M	159	Rowe, Phil	0:46:00	Mounts Bay	2006	
186	F	27	Ellen, Emily	0:46:02	Newquay	2022	
187	M	160	Hegarty, Alan	0:46:03	Probus	2008	
188	M	161	Waring, Chris	0:46:07	Marazion	2015	
189	M	162	Leo, Cas	0:46:10	Newquay	2012	
190	M	163	McIvor, Terry	0:46:16	St Levan	2012	
191	M	164	Tymm, Daniel	0:46:19	Marazion	2014	
192	F	28	Williams, Maria	0:46:20	Newquay	2009	
193	F	29	Simmons, Andrea	0:46:21	Bideford	2026	0:07:08
193	F	29	Clare, Helen	0:46:21	Newquay	2012	
193	M	165	James, John	0:46:21	Newquay	2020	
196	M	166	Fraser, Glen	0:46:22	St Levan	2005	
197	F	31	Rudd, Nikki	0:46:24	Newquay	2012	
198	F	32	Goodman, Anna	0:46:25	Marazion	2024	
199	M	167	Cudmore, Nathan	0:46:28	Newquay	2024	
200	F	33	Moore, Kelly	0:46:28	Newquay	2016	
201	M	168	Allan, Paul	0:46:30	Newquay	2022	
201	M	168	Johns, Philip	0:46:30	Tamar Bridge	2019	
203	M	170	Underhill, Craig	0:46:33	Marazion	2024	
204	M	171	Campbell, Colin	0:46:41	Redruth	2010	
205	F	34	Foreman, Lia	0:46:42	Newquay	2023	
206	M	172	Eadie, Jack	0:46:45	Marazion	2024	
207	F	35	Strickland, Lee	0:46:46	Newquay	2025	
208	M	173	Glew, Graham	0:46:47	Newquay	2020	
209	F	36	Spencer-Smith, Andrea	0:46:50	Newquay	2008	
209	F	36	Mitchell, Debbie	0:46:50	Newquay	2020	
211	M	174	Maclaren, Steve	0:46:51	Newquay	2020	
212	F	38	King, Ruby	0:46:58	Newquay	2026	0:03:58
213	F	39	Burns, Julia	0:46:59	Newquay	2018	
214	M	175	Jones, Zac	0:47:00	Newquay	2026	0:03:56
215	M	176	Glenville, Adam	0:47:02	Newquay	2026	0:04:02
216	F	40	Chesterfield, Caroline	0:47:03	Newquay	2018	
217	F	41	Turner, Teigan	0:47:06	Newquay	2026	0:06:53
217	M	177	Hynard, Mark	0:47:06	Mounts Bay	2007	
219	F	42	Gerrard, Corinne	0:47:09	Newquay	2020	
220	F	43	Lawrenson-Reid, June	0:47:11	Mounts Bay	2006	
221	M	178	Roberts, Shaun	0:47:14	Newquay	2024	
222	M	179	Murray, Simon	0:47:17	Newquay	2024	
223	F	44	Towers, Julie	0:47:20	Marazion	2024	
224	F	45	Caddy, Arianna	0:47:26	Marazion	2025	
225	F	46	Beman, Lynn	0:47:27	Mounts Bay	2010	
226	F	47	Quick, Louise	0:47:31	Newquay	2008	
227	M	180	Penney, Andrew	0:47:40	Marazion	2025	
228	F	48	Ollivier, Louise	0:47:46	Newquay	2015	
228	F	48	Holland, Jo	0:47:46	Newquay	2019	
230	M	181	Probart, Stuart	0:47:49	St Levan	2009	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
231	M	182	Smith, Brian	0:47:50	St Levan	2009	
232	M	183	Weare, Michael	0:47:59	Marazion	2015	
233	M	184	Bastian, Adrian	0:48:00	Newquay	2013	
234	M	185	Folger, David	0:48:03	Trevornick	2026	
235	F	50	Newing, Sarah	0:48:04	Newquay	2012	
236	M	186	Wright, David	0:48:11	St Levan	2017	
237	F	51	Whitehead, Kelly	0:48:13	Newquay	2017	
237	F	51	Butterworth, Emma	0:48:13	Marazion	2024	
239	M	187	Wigram, Tim	0:48:16	Marazion	2014	
240	M	188	Collett, Richard	0:48:17	Newquay	2023	
241	M	189	Nancarrow, David	0:48:19	Newquay	2012	
242	M	190	Ashwin, Barry	0:48:21	St Levan	2018	
243	F	53	Merrett, Trish	0:48:23	Newquay	2007	
244	M	191	Keenan, Brad	0:48:25	Newquay	2026	
245	F	54	Barnes, Catherine	0:48:30	Marazion	2025	
246	M	192	Shepherd, Alan	0:48:32	Mounts Bay	2004	
247	M	193	Simpson, Charles	0:48:36	Newquay	2023	
248	F	55	Astill, Naomi	0:48:37	Newquay	2018	
249	M	194	Goulbourn, Mark	0:48:42	Marazion	2013	
250	F	56	Bowker, Rachel	0:48:47	Newquay	2015	
250	F	56	Fitzmaurice, Kate	0:48:47	St Levan	2008	
252	M	195	Greaves, Edward	0:48:48	Newquay	2014	
253	F	58	Riggall, Kimberley	0:48:54	Marazion	2014	
254	F	59	Lamerton, Sharon	0:48:56	Newquay	2015	
255	F	60	Warren, Diane	0:48:59	Telford	2019	
256	F	61	Bennett, Emily	0:49:04	Newquay	2018	
257	F	62	Hume-Rothery, Gabrielle	0:49:08	Newquay	2019	
258	M	196	Haines, Robert	0:49:10	Mounts Bay	2007	
259	F	63	Davies-Kirsop, Florence	0:49:18	Marazion	2025	
260	M	197	Homer, Charles	0:49:19	Newquay	2024	
261	F	64	Thomas, Alison	0:49:20	Newquay	2017	
262	F	65	Walton, Nancy	0:49:29	Newquay	2010	
263	F	66	Garvey, Jessica	0:49:30	St Levan	2017	
264	F	67	Frame, Kate	0:49:32	Marazion	2024	
265	M	198	Smith, Stuart	0:49:33	Newquay	2024	
266	M	199	Haynes, Howard	0:49:35	St Levan	2008	
267	F	68	Vivian, Gemma	0:49:37	Newquay	2022	
268	F	69	Haghani, Laura	0:49:38	Newquay	2025	
269	M	200	Swain, Gary	0:49:40	Newquay	2022	
270	F	70	Cliff, Naomi	0:49:41	St Levan	2006	
271	M	201	Baker, Ben	0:49:42	Marazion	2014	
272	M	202	Nicholas, Robert	0:49:43	Newquay	2026	
273	M	203	Scott, David	0:49:48	Mounts Bay	2009	
273	F	71	Tredinnick, Emma	0:49:48	Mounts Bay	2008	
275	F	72	Foreman, Michelle	0:49:53	Marazion	2010	
276	M	204	Trenchard, Ben	0:49:57	St Ives Bay	2013	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
277	F	73	Fitt, Michelle	0:50:03	Newquay	2023	
278	M	205	Billing, Johnathan	0:50:04	Newquay	2023	
279	F	74	Such, Louise	0:50:05	Mounts Bay	2009	
280	M	206	Breakwell, Curt	0:50:06	St Levan	2016	
281	F	75	Greef, Amy	0:50:08	Newquay	2026	
282	F	76	Sullivan, Sharon	0:50:12	Marazion	2012	
283	F	77	Campbell, Rebecca	0:50:14	Marazion	2011	
284	F	78	Medlock, Lucy	0:50:16	Brighton	2025	
285	M	207	Mangion, Santino	0:50:17	Newquay	2024	
286	M	208	Penhaul, Chunky	0:50:18	Newquay	2023	
287	F	79	Kearney, Tamara	0:50:31	Newquay	2026	
288	F	80	Sanders, Iona	0:50:35	Mounts Bay	2008	
289	M	209	Merrett, Graham	0:50:39	Marazion	2013	
290	F	81	Daniel, Carolyn	0:50:41	St Levan	2019	
291	M	210	Smith, Jack	0:50:45	Marazion	2025	
292	F	82	Lee, Becky	0:50:48	Marazion	2013	
293	F	83	Renowden, Zoe	0:50:50	St Levan	2018	
294	F	84	La Brash, Angela	0:50:52	Newquay	2013	
295	F	85	Cardell, Timothea	0:50:53	Mounts Bay	2004	
295	M	211	Climer, Phil	0:50:53	Mounts Bay	2009	
297	M	212	Angwin, Richard	0:50:54	Marazion	2011	
298	F	86	Jones, Amanda	0:50:57	Marazion	2013	
299	F	87	Bastiani, Ellen	0:51:06	Newquay	2014	
300	F	88	Rowat, Sharon	0:51:07	Newquay	2024	
301	F	89	Pierce, Ruth	0:51:10	St Levan	2017	
302	M	213	Thomas, Alan	0:51:14	St Levan	2014	
303	F	90	Roskilly, Michelle	0:51:21	Newquay	2019	
304	M	214	Thomas, Andrew	0:51:24	Mounts Bay	2007	
305	M	215	Seymour, Rob	0:51:25	Mounts Bay	2010	
306	F	91	Litt, Casey	0:51:26	Newquay	2011	
306	F	91	Smith, Hannah	0:51:26	Newquay	2022	
308	F	93	Stone, Olivia	0:51:29	Marazion	2013	
309	M	216	Elgar, Simon	0:51:49	St Levan	2015	
310	M	217	Thomas, Peter	0:51:50	Mounts Bay	2007	
310	F	94	Chapman, Susan	0:51:50	Marazion	2011	
312	M	218	Davidson, Iain	0:51:55	Marazion	2013	
313	F	95	Senior, Anne	0:51:58	Newquay	2015	
314	F	96	Hicks, Katie	0:51:59	Newquay	2026	
315	F	97	Ensell, Jana	0:52:00	Marazion	2025	
316	M	219	George, Andrew	0:52:00	St Levan	2015	
317	M	220	Stanford, Joseph	0:52:02	Newquay	2023	
318	M	221	Round, Matthew	0:52:03	Marazion	2013	
319	F	98	Forbes, Jennifer	0:52:04	Newquay	2024	
320	F	99	Elkin, Beth	0:52:05	Trevornick	2024	
321	M	222	Sobey, David	0:52:08	Mounts Bay	2009	
322	F	100	Aspen, Laura	0:52:09	Newquay	2020	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
323	M	223	Campbell, Chris	0:52:10	Newquay	2025	
324	M	224	Matta, Chris	0:52:12	Mounts Bay	2010	
325	F	101	Poultney, Melissa	0:52:15	Newquay	2015	
326	M	225	De Rozarieux, Nathan	0:52:24	Newquay	2018	
326	M	225	Edmunds, Sam	0:52:24	Newquay	2020	
328	F	102	Townend, Jenna	0:52:29	St Levan	2018	
329	M	227	Hocking, Daniel	0:52:30	Newquay	2024	
330	F	103	Wade, Faye	0:52:32	Marazion	2011	
331	M	228	Cornish, Trevor	0:52:33	Newquay	2023	
332	F	104	Lewis, Caroline	0:52:35	Hayle Handicap	2007	
332	F	104	Murray, Sam	0:52:35	Newquay	2022	
334	M	229	Jordan, Rob	0:52:40	Newquay	2017	
334	F	106	Osborn, Kathryn	0:52:40	St Levan	2011	
336	M	230	Blackburn, Simon	0:52:41	Newquay	2026	
337	F	107	Pegg, Rachel	0:52:45	Marazion	2011	
337	F	107	Buckland, Jennifer	0:52:45	Newquay	2024	
339	M	231	Neal, Andrew	0:52:48	Mounts Bay	2009	
340	M	232	Thomas, Colin	0:52:49	Marazion	2012	
340	F	109	Iivonen-Gray, Katri	0:52:49	Newquay	2018	
342	F	110	Mcphail, Mo	0:52:54	Marazion	2012	
343	F	111	Billing, Kathryn	0:52:59	Redruth	2009	
344	M	233	Bristow, Don	0:53:00	Falmouth	2003	
344	F	112	Pearce, Deborah	0:53:00	Newquay	2017	
346	F	113	Lund-Lack, Sarah	0:53:01	Marazion	2015	
347	F	114	Holley, Michaela	0:53:03	Runway Runaround	2012	
347	F	114	Jelf, Michelle	0:53:03	Newquay	2014	
349	F	116	Hogan, Sandra	0:53:05	Mounts Bay	2009	
350	F	117	Thomas, Sarah	0:53:08	Newquay	2023	
351	F	118	Wills, Kerry	0:53:12	Marazion	2013	
352	F	119	Connon, Naomi	0:53:18	Newquay	2014	
353	F	120	Evans, Laura	0:53:19	Enys	2011	
354	F	121	Burrow, Melissa	0:53:21	St Levan	2019	
355	F	122	Harvey Hancock, Missie	0:53:22	Marazion	2014	
356	F	123	Phillips, Ruth	0:53:23	St Levan	2007	
357	F	124	Clifton, Faye	0:53:29	Newquay	2014	
358	F	125	Adams, Elaine	0:53:32	Trevornick	2019	
359	F	126	Stone, Natasha	0:53:33	Marazion	2012	
360	M	234	Murrish, Darren	0:53:34	Marazion	2013	
361	F	127	Richards, Alexa	0:53:40	Newquay	2008	
362	F	128	Turner, Glynnis	0:53:43	Marazion	2012	
363	F	129	Long, Fran	0:53:53	Newquay	2017	
364	F	129	Burgess, Mel	0:53:53	Marazion	2025	
365	F	131	Travers, Pippa	0:53:55	Marazion	2012	
366	F	132	Baker-Martin, Claire	0:53:59	Newquay	2026	0:00:49
367	F	133	Baldwin, Sarah	0:54:00	Malcolm Date Challenge	2009	
368	M	235	Reynolds, Andrew	0:54:03	Newquay	2008	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
369	F	134	Lewis, Bridget	0:54:04	Newquay	2025	
370	M	236	Bennett, Shaun	0:54:11	St Levan	2017	
371	F	135	Frost, Julie	0:54:16	Marazion	2024	
372	M	237	Simpson, Andrew	0:54:20	Mounts Bay	2008	
372	M	237	Evans, Alun	0:54:20	St Levan	2018	
374	M	239	Collinge, Owen	0:54:21	Marazion	2025	
374	M	239	Redrup, Scott	0:54:21	Newquay	2026	
376	M	241	Swetnam, Jim	0:54:25	St Levan	2016	
377	F	136	Billington, Melanie	0:54:26	Marazion	2012	
378	F	137	Hanson, Julie	0:54:30	Mounts Bay	2006	
379	M	242	Bradford, Luke	0:54:31	Marazion	2024	
380	F	138	Challoner, Jady	0:54:37	Marazion	2013	
381	M	243	Mulliss, Rowan	0:54:38	Plymouth	2025	
382	F	139	Wilding, Sarah	0:54:41	Newquay	2018	
383	F	140	Laing, Stella	0:54:42	Newquay	2009	
384	F	141	Quinn, Tamsin	0:54:43	Malcolm Date Challenge	2009	
385	M	244	Turtle, John	0:54:51	Marazion	2024	
386	F	142	Carroll, Rosie	0:54:58	Newquay	2017	
387	F	143	Ferguson, Ana	0:55:01	Newquay	2012	
388	M	245	Biss, Andrew	0:55:05	Newquay	2010	
389	M	246	Brinkworth, Julius	0:55:07	Marazion	2024	
390	F	144	Casey, Helen	0:55:13	Newquay	2026	
391	M	247	McCartney, Innes	0:55:15	Newquay	2024	
392	F	145	Picking, Alice	0:55:16	Newquay	2026	0:02:14
393	F	146	Jacka, Lily	0:55:20	Marazion	2024	
394	F	147	Martin, Kelly	0:55:22	Marazion	2015	
395	M	248	Cubeddu, Lee	0:55:24	Marazion	2013	
396	F	148	Gibbard, Helen	0:55:32	Mounts Bay	2008	
396	M	249	Shaw, Darren	0:55:32	St Levan	2014	
396	F	148	Walker, Amy	0:55:32	Newquay	2008	
399	F	150	Harvey, Andrea	0:55:45	Marazion	2025	
400	M	250	Wood, Dave	0:55:52	Mounts Bay	2010	
400	F	151	Bills, Kelly	0:55:52	Trevornick	2024	
402	F	152	Royall, Carolyn	0:55:54	Marazion	2015	
403	F	153	Cuthbert, Helen	0:55:55	Newquay	2025	
404	F	154	Williams, Laura	0:55:56	Newquay	2019	
405	F	155	Crehan, Kate	0:55:57	St Levan	2019	
405	M	251	Drewett, Toby	0:55:57	Newquay	2019	
407	F	156	Livonen-Gray, Katri	0:56:03	Newquay	2022	
408	F	157	Kitchen, Amelia	0:56:04	Newquay	2018	
409	M	252	Lagor, Stephen	0:56:09	Marazion	2015	
410	F	158	O'Keeffe, Jackie	0:56:12	Newquay	2007	
410	F	158	Topping, Laura	0:56:12	Marazion	2025	
412	M	253	Collier, Richard	0:56:15	Marazion	2025	
413	F	160	Freebury, Pauline	0:56:16	Marazion	2012	
414	F	161	Wheal, Anne-Marie	0:56:20	Marazion	2025	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
415	F	162	Gore, Jamie	0:56:24	Newquay	2026	0:01:03
416	F	163	Pochee, Amanda	0:56:28	Newquay	2019	
417	F	164	Lewis, Deborah	0:56:35	Marazion	2015	
418	F	165	Patryas, Laura	0:56:41	Newquay	2026	0:03:21
419	F	166	Davis, Ruth	0:56:47	Marazion	2014	
420	F	167	Marks, Victoria	0:56:58	Newquay	2017	
421	F	168	Chafer, Sarah	0:57:00	Newquay	2014	
422	F	169	Rickard, Lucy	0:57:05	Marazion	2013	
423	M	254	Croft, Stuart	0:57:15	Mounts Bay	2009	
424	F	170	Curnow, Lydia	0:57:18	Marazion	2024	
425	F	171	Elliott, Beth	0:57:22	Marazion	2014	
425	F	171	Smith, Anita	0:57:22	Newquay	2010	
427	F	173	Clark, Margaret	0:57:24	Newquay	2024	
428	M	255	Thomas, Paul	0:57:25	St Levan	2013	
428	F	174	Bundy, Hannah	0:57:25	Trevornick	2026	
430	F	175	Baker, Becky	0:57:34	Marazion	2014	
431	M	256	Elliott, Lee	0:57:42	Race for Wildlife	2014	
432	F	176	Rouncefield, Carol	0:57:43	Marazion	2011	
433	F	177	Willcocks, Jayne	0:57:55	Mounts Bay	2005	
434	M	257	Burrows, Robert	0:58:03	Newquay	2022	
435	F	178	Whitton, Rosanna	0:58:07	Marazion	2025	
436	M	258	Morley, Nick	0:58:11	Newquay	2023	
437	M	259	Oxley, Mike	0:58:12	Trevornick	2026	
438	M	260	Rendle, Antony	0:58:14	Marazion	2024	
439	F	179	Tagacni, Sophie	0:58:18	Mounts Bay	2009	
440	M	261	Heather, Andrew	0:58:20	Newquay	2026	0:04:52
441	F	180	Edmunds, Caroline	0:58:23	St Levan	2019	
442	F	181	Clark, Theresa	0:58:24	Newquay	2022	
443	F	182	Carter, Nikki	0:58:25	Newquay	2014	
444	F	183	Jackson, Ceri	0:58:31	Marazion	2025	
445	M	262	Kearney, Peter	0:58:44	Newquay	2026	0:02:29
446	F	184	Kearney, Jemma	0:58:45	Newquay	2026	0:02:28
446	F	184	Rogers, Zenna	0:58:45	Newquay	2016	
448	F	186	Brennan, Valerie	0:58:49	Mounts Bay	2008	
448	F	186	Stevens, Carol	0:58:49	Marazion	2013	
450	F	188	Culley, Carol	0:59:05	Marazion	2015	
451	F	189	Moore, Liz	0:59:06	Mounts Bay	2009	
452	M	263	Bennetts, William	0:59:07	St Levan	2006	
453	M	264	Bowden, Ian	0:59:12	Marazion	2014	
454	F	190	Green, Nikki	0:59:14	St Levan	2015	
455	F	191	Greef, Jayne	0:59:15	Newquay	2011	
456	M	265	Bainborough, Rob	0:59:22	Marazion	2012	
457	F	192	Haley, Sherry	0:59:23	Newquay	2011	
458	F	193	Leonard Williams, Esther	0:59:28	Newquay	2014	
459	F	194	De Barros, Sara	0:59:33	St Levan	2016	
460	M	266	Cartlidge, Jerry	0:59:38	Trevornick	2024	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
461	F	195	Stainsby, Elaine	0:59:49	Newquay	2007	
462	F	196	Dixon, Amelia	0:59:53	Marazion	2025	
463	F	197	Pascoe, Wendy	0:59:55	Marazion	2012	
464	F	198	Rochford, Hayley	0:59:57	Enys	2011	
465	F	199	Stewart, Lisa	1:00:02	Marazion	2025	
466	M	267	Saundry, Richard	1:00:05	Newquay	2012	
467	F	200	Sycamore, Kathryn	1:00:13	Newquay	2008	
468	F	201	Clancy, Jess	1:00:17	Trevornick	2023	
469	F	202	Scholes, Claire	1:00:19	Marazion	2012	
470	F	203	Coleman, Sarah	1:00:20	Newquay	2014	
471	F	204	Hill, Jo	1:00:26	Marazion	2012	
471	F	204	Kirk, Jo	1:00:26	Marazion	2012	
471	F	204	Kenney, Charlotte	1:00:26	Newquay	2018	
474	F	207	Gehrmann, Muriam	1:00:30	Newquay	2007	
475	F	208	Dudding, Debi	1:00:31	Marazion	2015	
476	F	209	Newcombe, Jo	1:00:32	St Levan	2016	
477	F	210	Alexander, Lesley	1:00:34	Newquay	2011	
478	M	268	Bryant, Anthony	1:00:37	Newquay	2024	
479	F	211	Roberts, Dominique	1:00:43	St Levan	2008	
480	F	212	Abraham, Amy	1:00:50	Newquay	2019	
481	F	213	Cheel, Amanda	1:00:57	Newquay	2012	
482	F	214	Bromfield, Amy	1:01:01	Marazion	2014	
482	F	214	Thompson, Tamsin	1:01:01	Newquay	2013	
484	M	269	Allnutt, John	1:01:07	Newquay	2010	
485	F	216	Nimmo, Donna	1:01:08	Marazion	2013	
486	F	217	Nimmo, Karen	1:01:12	Marazion	2013	
487	F	218	Neil, Jennifer	1:01:14	Marazion	2013	
488	F	219	Williams, Tania	1:01:15	St Levan	2016	
489	F	220	Stone, Claire	1:01:18	Marazion	2024	
490	F	221	Uren, Gina	1:01:22	Marazion	2015	
491	F	222	Cattran-Dunlop, Helen	1:01:33	Newquay	2020	
492	F	223	Deere, Louise	1:01:41	St Levan	2017	
493	F	224	Smith, Mo	1:01:44	Whitemoor	2011	
494	F	225	Pan-Huertas, Ana	1:01:46	St Levan	2015	
495	F	226	Hocking, Stacey	1:01:47	Newquay	2018	
496	F	227	Reid, Michelle	1:01:52	Mounts Bay	2008	
497	F	228	Edwards, Sue	1:02:00	Newquay	2007	
498	F	229	Ray, Pamela	1:02:01	Newquay	2016	
499	F	230	Stone, Jackie	1:02:02	Newquay	2024	
500	F	231	Galloway, Kathryn	1:02:03	Malcolm Date Challenge	2009	
501	F	232	Watkins, Karen	1:02:04	Marazion	2011	
502	F	233	Regan, Ellen	1:02:05	Marazion	2025	
503	F	234	Sycamore, Grace	1:02:18	Newquay	2017	
504	F	235	Moore, Sue	1:02:21	Newquay	2016	
505	F	236	Mills, Helen	1:02:26	Newquay	2012	
505	F	236	Parker, Deborah	1:02:26	Marazion	2015	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.
Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
507	F	238	Wilson, Lucy	1:02:27	Marazion	2015	
508	M	270	Ellis, Bailey	1:02:29	Newquay	2024	
509	F	239	Charles, Kirsty	1:02:30	Enys	2011	
510	M	271	Brennan, Tom	1:02:38	Mounts Bay	2009	
510	F	240	Ninnes, Louise	1:02:38	Marazion	2012	
512	F	241	Lawry, Nikki	1:02:42	Newquay	2019	
513	F	242	Johns, Sarah	1:02:56	Newquay	2022	
514	F	243	Parker, Kim	1:03:10	Marazion	2014	
515	M	272	Squire, Mark	1:03:18	Newquay	2026	0:00:57
516	F	244	Lovegrove, Karen	1:03:20	Newquay	2025	
517	F	245	Wood, Sarah	1:03:24	Bideford	2012	
518	F	246	Jukes, Ashleigh	1:03:31	Marazion	2014	
519	F	247	Tregarthen, Sarah	1:03:40	Marazion	2013	
520	F	248	Johns, Sharon	1:03:41	Newquay	2023	
521	F	248	Jelbert, Ruth	1:03:41	Redruth	2007	
522	F	250	Armstrong, Maxine	1:03:47	Marazion	2014	
523	M	273	Bolitho, Robert	1:03:49	Newquay	2023	
524	F	251	Naylor, Jane	1:03:53	Newquay	2022	
525	F	252	Tymm, Zoe	1:03:57	Marazion	2014	
526	F	253	Cumbley, Kat	1:04:01	St Levan	2017	
527	F	254	Costello, Susan	1:04:10	St Levan	2017	
528	M	274	Gill, David	1:04:13	Marazion	2025	
529	F	255	Allnutt, Pat	1:04:16	Newquay	2010	
530	F	256	Richards, Sarah	1:04:26	Newquay	2019	
531	F	257	Elgar, Rebecca	1:04:32	Newquay	2015	
532	F	258	Miller, Amanda	1:04:43	Newquay	2017	
533	M	275	Carter, Tim	1:04:46	St Ives Bay	2013	
534	M	276	Bumford, James	1:04:55	Marazion	2012	
535	M	277	Wright, Mike	1:04:58	Newquay	2008	
536	F	259	Henry, Naila	1:05:16	Whitemoor	2012	
537	F	260	Pollard, Jean	1:05:46	Marazion	2012	
538	F	261	Byrne, Deborah	1:05:52	Mounts Bay	2008	
539	M	278	Mayho, Simon	1:05:54	Marazion	2024	
540	F	262	Lamprill, Beverley	1:05:56	Marazion	2025	
541	F	263	Bolitho, Julie	1:06:05	Newquay	2022	
542	M	279	Chapple, Jamie	1:06:06	Newquay	2020	
542	F	264	Chapple, Samantha	1:06:06	Newquay	2020	
544	F	265	Tonkin, Jane	1:06:09	Newquay	2005	
545	M	280	Sanderson, Jared	1:06:12	Marazion	2024	
546	F	266	Squire, Helen	1:06:18	Marazion	2025	
547	F	267	Masters, Nicola	1:06:19	Marazion	2024	
548	F	268	Howorth, Anna	1:06:20	Mounts Bay	2010	
548	F	268	Marsden, Jacqui	1:06:20	Marazion	2025	
550	F	270	Watts, Naomi	1:06:37	Redruth	2010	
551	F	271	Baker, Cerys	1:06:39	Newquay	2011	
552	F	272	Williams, Emily	1:06:42	Marazion	2015	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
553	F	273	Painter, Sarah	1:06:45	Marazion	2014	
554	M	281	Clarke, Dale	1:06:46	Trevornick	2019	
555	F	274	McGrane, Tamsyn	1:06:48	Trevornick	2019	
556	F	275	Thomas, Susan	1:06:52	Newquay	2022	
557	F	276	Massey, Jennie	1:06:56	Trevornick	2018	
558	F	277	Rowe, Ellie	1:07:06	Newquay	2025	
559	F	278	Crossley, Jo	1:07:16	Whitemoor	2011	
560	F	279	Richardson, Joanne	1:07:18	St Levan	2014	
561	M	282	Woolley, David	1:07:21	St Ives Bay	2013	
562	F	280	Pickersgill, Janet	1:07:25	Newquay	2012	
563	F	281	Correnti, Sarah	1:07:50	Newquay	2017	
564	F	282	Atherton, Julie	1:08:04	St Levan	2015	
564	F	282	Mackintosh, Susie	1:08:04	Marazion	2014	
564	F	282	Tregoning, Debbie	1:08:04	St Levan	2015	
567	F	285	Yates, Suzanne	1:08:16	Enys	2011	
568	F	286	Richards, Jackie	1:08:20	Newquay	2010	
569	F	287	Clark, Alaina	1:08:32	Newquay	2025	
570	F	288	Hatch, Danielle	1:08:34	St Ives Bay	2013	
571	F	289	Nicholls, Derrika	1:08:35	Marazion	2012	
572	F	290	Hewett, Holly	1:08:44	Newquay	2025	
573	F	290	Baldwin, Charlotte	1:08:44	Newquay	2013	
573	F	290	Kirton, Deborah	1:08:44	Marazion	2013	
575	F	293	Pascoe, Jenna	1:08:45	Newquay	2017	
576	F	294	Jackson, Abby	1:08:49	Marazion	2013	
577	F	295	Farley, Jenna	1:08:53	St Levan	2014	
578	F	296	Elgar, Laura	1:09:02	Newquay	2017	
579	F	297	Gore, Amanda	1:09:14	Newquay	2023	
580	F	298	Ellis, Jemma	1:09:18	St Levan	2019	
581	F	299	Lay, Jo	1:09:23	Newquay	2020	
582	F	300	Coldrick, Debra	1:09:48	Marazion	2013	
583	F	301	Greenaway, Sophie	1:09:49	Marazion	2025	
584	F	302	Hudson, Melissa	1:10:03	Newquay	2013	
585	F	303	Edwards, Christine	1:10:28	Marazion	2024	
586	F	304	Tonkin, Melissa	1:10:46	Newquay	2020	
587	F	305	Drummond, Katy	1:10:48	Whitemoor	2011	
588	F	306	Johns, Emma	1:10:59	Newquay	2026	0:01:59
589	F	307	Leo, Olivia	1:11:02	Marazion	2013	
590	F	308	Berriman, Anne	1:11:05	Marazion	2012	
591	F	309	Billington, Laetitia	1:11:17	Newquay	2018	
592	F	310	Millin, Denise	1:11:18	Enys	2011	
593	F	311	Page, Jo	1:11:20	Marazion	2013	
594	F	312	Sturges, Deborah	1:11:24	Newquay	2026	0:00:25
595	F	313	Redfern, Jackie	1:11:28	Newquay	2011	
596	F	314	Williams, Soraya	1:11:32	Newquay	2026	0:00:31
597	F	315	Smith, Suzie	1:11:38	Newquay	2025	
598	F	316	Mc Creedy, Alex	1:11:39	Marazion	2013	

10K PBs

(Updated to Trevornick 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
599	F	317	Atkinson, Anita	1:11:58	Marazion	2013	
600	F	318	Ellis, Sarah	1:12:31	Newquay	2024	
601	F	319	Collier, Samantha	1:12:32	Newquay	2025	
602	F	320	Evans, Denise	1:12:39	Marazion	2011	
603	F	321	Orchard, Abby	1:12:55	Newquay	2025	
604	F	322	Durrant, Susan	1:13:03	Newquay	2025	
605	F	323	Savage, Suzy	1:13:08	Newquay	2017	
606	F	324	Dixon, Samantha	1:13:13	Newquay	2023	
607	F	325	Kearney, Sam	1:13:32	Newquay	2026	0:02:15
608	F	326	Cobell, Anne	1:13:34	Newquay	2026	0:05:45
609	F	327	Nancarrow, Karen	1:14:02	Marazion	2012	
610	F	328	Evans, Julie	1:14:04	Marazion	2013	
611	F	329	Wilkinson, Hannah	1:14:20	St Levan	2018	
612	F	330	McGuire, Jo	1:14:42	Marazion	2014	
613	F	331	Good, Christine	1:15:06	Marazion	2012	
613	F	331	Test, Runner	1:15:06	Marazion	2012	
615	F	333	Sedgeman, Linda	1:15:35	Marazion	2013	
616	F	334	Sills, Helen	1:15:39	Marazion	2013	
617	M	283	Hardman, Roland	1:16:05	Trevornick	2026	
618	F	335	Burrell, Jessica	1:16:16	Marazion	2025	
619	F	336	Mc Creedy, Tina	1:16:22	Marazion	2013	
620	F	337	Dodds, Laura	1:16:28	Newquay	2020	
621	F	338	Burton, Lorna	1:17:02	Marazion	2025	
622	F	339	Dark, Donna	1:19:13	Newquay	2022	
623	F	340	Robinson, Samantha	1:20:17	Marazion	2024	