

5 Mile PBs

(Updated to Sticker 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
1	M	1	McQuillen-Wright, Chris	0:26:04	Cubert	2008	
2	M	2	Farmer, Sam	0:26:21	Mob Match	2024	
3	M	3	Costello, Daniel	0:26:36	Mob Match	2025	
4	M	4	Ellis, Peter	0:26:38	Cubert	2009	
5	M	5	Morant, Jordan	0:27:05	Cubert	2016	
6	M	6	Turner, Russell	0:27:20	Cubert	2013	
7	M	7	Humphrey, Thomas	0:27:37	Cubert	2014	
8	M	8	Ratcliffe, Floyd	0:27:42	Cubert	2017	
9	M	9	Millington, Daniel	0:27:49	Sticker	2025	
10	M	10	Knowles, Simon	0:27:52	Cubert	2013	
11	M	11	Brunnock, Oliver	0:28:05	Sticker	2025	
12	M	12	Hill, Lewis	0:28:06	Cubert	2015	
13	M	13	Hayhurst, Neil	0:28:18	Mob Match	2022	
14	M	14	Gardner, Jacob	0:28:19	Sticker	2023	
15	M	15	Gore, Adam	0:28:33	Mob Match	2022	
16	M	16	Watts, Robert	0:28:38	Cubert	2016	
17	M	17	Abraham, Scott	0:28:39	Cubert	2016	
18	M	18	Wherry, Steve	0:28:55	Cubert	2017	
19	M	19	Savage, Rich	0:28:58	Cubert	2015	
20	M	20	Hagan, Steven	0:29:05	Sticker	2025	
20	M	20	Stone, Matthew	0:29:05	Cubert	2009	
22	M	22	Barnes, Peter	0:29:07	Mob Match	2023	
23	M	23	Horswell, Richard	0:29:12	Cubert	2012	
24	M	24	O'Neill, Liam	0:29:14	Sticker	2025	
25	M	25	Fuller, Stephen	0:29:23	Cubert	2018	
26	M	26	Cookson, Neill	0:29:26	Mob Match	2017	
27	M	27	Peel, Andrew	0:29:27	Cubert	2011	
28	M	28	Rosenfeld, Thomas	0:29:33	Mob Match	2022	
29	M	29	Rielly, Ross	0:29:34	Mob Match	2025	
30	F	1	Paul, Emma	0:29:35	Cubert	2015	
31	F	2	Khan, Jane	0:29:41	Sticker	2013	
31	M	30	Malone-Lee, Francis	0:29:41	Sticker	2025	
33	M	31	Mayes, Richard	0:29:43	Cubert	2011	
34	M	32	Costello, Nick	0:29:45	Cubert	2019	
35	M	33	Dowrick, Mike	0:29:48	Penwith Radio	2013	
36	M	34	Barrett, Chris	0:29:55	Cubert	2019	
36	M	34	Warmington, Paul	0:29:55	Cubert	2018	
38	M	36	Murrant, Kieran	0:30:07	Cubert	2013	
39	M	37	Strickland, Daniel	0:30:08	Sticker	2023	
40	M	38	Reid, Alan	0:30:11	Cubert	2008	
41	M	39	Bennett, Edmund	0:30:14	Sticker	2025	
42	M	40	Lucas, Ben	0:30:15	Sticker	2010	
42	M	40	Manning, James	0:30:15	Cubert	2016	
44	M	42	Hicks, Sam	0:30:19	Cubert	2009	
45	M	43	Richards, Robert	0:30:23	Cubert	2008	

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46	M	44	Stephens, Jeremy	0:30:28	Cubert	2008	
47	M	45	Purvis, Lloyd	0:30:35	Mob Match	2008	
47	M	45	Roberts, Jordon	0:30:35	Cubert	2009	
49	M	47	Wyatt, Steve	0:30:43	Cubert	2009	
50	M	48	Burford, Lee	0:30:45	Sticker	2025	
51	M	49	Taylor, Ross	0:30:54	Mob Match	2022	
52	M	50	Jeffs, Simon	0:30:57	St Agnes	2025	
53	M	51	Goodreid, Ian	0:31:00	Cubert	2009	
54	M	52	Turton, Dominic	0:31:15	Mob Match	2023	
55	M	53	Wilding, David	0:31:18	Cubert	2019	
56	M	54	Medlock, Bradley	0:31:24	Mob Match	2024	
57	M	55	Tullett, Adam	0:31:28	Cubert	2006	
58	M	56	Luckhurst, Will	0:31:31	Cubert	2018	
59	M	57	Grose, Simon	0:31:33	Tree Tops	2000	
60	M	58	Curtis, Matt	0:31:38	Cubert	2013	
60	M	58	Jukes, Andy	0:31:38	Tree Tops	2005	
62	M	60	Timms, Simon	0:31:50	Cubert	2013	
63	M	61	Webb, Sean	0:31:54	Mob Match	2006	
64	M	62	Corrigan, Steve	0:32:01	Mob Match	2011	
65	M	63	Guffick, Dave	0:32:02	Mob Match	2023	
66	M	64	Lowdon, John	0:32:06	Cubert	2012	
67	M	65	Connon, Eli	0:32:09	Cubert	2015	
68	M	66	Eldon, Jon	0:32:14	St Agnes	2026	0:01:19
68	M	66	Trembath, Robert	0:32:14	Cubert	2015	
70	F	3	Ruetsch, Fiona	0:32:19	Cubert	2008	
71	F	4	Kenworthy, Sarah	0:32:22	Cubert	2011	
71	M	68	Smith, Derek	0:32:22	Cubert	2010	
73	F	5	Telford, Paula	0:32:24	Mob Match	2010	
74	F	6	Goldsworthy, Rachel	0:32:30	Cubert	2011	
74	M	69	Tonkin, Craig	0:32:30	Cubert	2010	
76	M	70	Atkinson, Paul	0:32:33	Mob Match	2022	
77	M	71	Smith, Andrew	0:32:38	Cubert	2012	
78	F	7	Harrison-Webb, Debbie	0:32:45	Cubert	2010	
78	M	72	Orchard, Mike	0:32:45	Cubert	2006	
80	F	8	Bennett, Charlotte	0:32:49	Cubert	2015	
81	M	73	Grainger, Christopher	0:32:55	Cubert	2009	
82	M	74	Cooling, Steve	0:32:59	Cubert	2015	
83	M	75	Jordan, Peter	0:33:01	Cubert	2011	
84	M	76	James, Andrew	0:33:05	Sticker	2026	0:02:15
85	M	77	Brown, Chris	0:33:06	Mob Match	2023	
85	M	77	Curnow, Ian	0:33:06	Sticker	2023	
87	M	79	Little, Samuel	0:33:07	St Agnes	2026	
88	M	79	Twiggs, Tim	0:33:07	Cubert	2018	
89	M	81	Williams, Mark	0:33:13	Mob Match	2024	
90	M	82	Eva, Nathaniel	0:33:19	Cubert	2019	

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
91	M	83	Edwards, John	0:33:23	Cubert	2009	
92	M	84	Philpotts, Bob	0:33:26	Mob Match	2006	
93	M	85	Pickering, Stuart	0:33:28	Sticker	2017	
94	F	9	Savage, Faye	0:33:29	Cubert	2011	
95	M	86	Lyons, Richard	0:33:30	Sticker	2016	
96	M	87	Burrows, Anthony	0:33:31	Sticker	2011	
97	M	88	Savage, Jon	0:33:33	Sticker	2017	
98	M	89	Masters, Nick	0:33:35	Cubert	2014	
99	M	90	Attwood, James	0:33:38	Cubert	2013	
100	M	91	Eric, George	0:33:44	Sticker	2019	
101	M	92	Lewis, Jules	0:33:50	Mob Match	2009	
102	M	93	Perry, Aaron	0:33:52	Cubert	2019	
103	M	94	Morris, Paul	0:33:55	Mob Match	2011	
104	M	95	Blight, Andrew	0:33:58	Sticker	2012	
105	M	96	Hill, Terry	0:33:59	Cubert	2008	
106	F	10	Jose, Amy	0:34:00	Cubert	2016	
107	M	97	Young, Curtis	0:34:10	Cubert	2017	
108	M	98	Wall, Alex	0:34:12	Cubert	2013	
109	M	99	Floyd, Rob	0:34:21	Cubert	2013	
110	F	11	Gillespie, Rebecca	0:34:27	Mob Match	2006	
110	F	11	Kirby, Alysia	0:34:27	Cubert	2008	
112	M	100	Yendell, Michael	0:34:29	Cubert	2010	
113	M	101	King, Kevin	0:34:30	Mob Match	2014	
114	M	102	Lee, Steven	0:34:33	Cubert	2008	
114	M	102	Pulley, Sean	0:34:33	Cubert	2018	
116	M	104	Kennett-Parsons, Joe	0:34:35	Sticker	2013	
117	M	105	Newcombe, Giles	0:34:36	Cubert	2015	
118	M	106	Seagger, Paul	0:34:40	Mob Match	2023	
119	F	13	Manners, Melodie	0:34:45	Cubert	2019	
120	M	107	Searle, Andrew	0:34:47	Mob Match	2025	
121	M	108	Gough, Paul	0:34:50	Mob Match	2023	
122	M	109	Penberthy, Michael	0:34:51	Cubert	2008	
123	M	110	Sneyd, Paul	0:34:57	Cubert	2011	
124	M	111	Curtis, Oisin	0:34:59	Mob Match	2017	
125	M	112	Regan, Nic	0:35:00	Cubert	2010	
126	M	113	Townend, Stewart	0:35:01	Cubert	2007	
127	F	14	Angilley, Jayne	0:35:02	Cubert	2009	
127	M	114	Holman, Tony	0:35:02	Cubert	2007	
129	M	115	Humbles, Frazer	0:35:06	Mob Match	2022	
130	M	116	Batchelor, David	0:35:09	Cubert	2018	
131	F	15	Patterson, Sarah	0:35:10	Penwith Radio	2012	
132	M	117	Lewis, Martyn	0:35:11	Cubert	2012	
133	F	16	Medlock, Kirsty	0:35:16	Cubert	2017	
134	M	118	Nancarrow, David	0:35:18	Mob Match	2015	
135	M	118	Peters, Nicholas	0:35:18	Sticker	2024	

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136	M	120	England, Frederick	0:35:34	Cubert	2019	
137	F	17	Friday, Lisa	0:35:38	Cubert	2013	
138	M	121	Reynolds, Todd	0:35:40	Sticker	2025	
139	M	122	Francis, Desmond	0:35:41	Cubert	2009	
140	M	123	Burnell, Frank	0:35:43	Cubert	2009	
141	M	124	Hynard, Mark	0:35:44	Cubert	2008	
142	F	18	Paull, Lucy	0:35:45	Mob Match	2025	
143	M	125	Baldwin, Mike	0:35:49	Mob Match	2011	
144	M	126	Humphrey, Irwin	0:35:51	Cubert	2014	
145	M	127	Bradbury, Sean	0:35:52	Mob Match	2023	
146	M	128	Weare, Michael	0:35:54	Cubert	2014	
147	M	129	Ellis, Andrew	0:36:02	Cubert	2018	
148	F	19	Nicholas, Melissa	0:36:02	Sticker	2025	
149	M	130	Silver, Kevin	0:36:03	Mob Match	2022	
150	M	131	Curtis, Martin	0:36:12	Cubert	2009	
151	M	132	Clark, Piran	0:36:13	Cubert	2011	
151	M	132	Moore, Andy	0:36:13	Tree Tops	2005	
153	M	134	Kershaw, David	0:36:19	Sticker	2014	
153	F	20	Rudd, Nikki	0:36:19	Cubert	2014	
155	M	135	Fraser, Glen	0:36:22	Tree Tops	2005	
155	F	21	Shorland, Narina	0:36:22	Cubert	2015	
157	M	136	Campbell, Colin	0:36:24	Mob Match	2010	
158	F	22	Strickland, Lee	0:36:27	Mob Match	2022	
159	F	23	O'Neill, Fiona	0:36:28	St Agnes	2025	
160	F	24	Quick, Louise	0:36:30	Cubert	2008	
160	M	137	Starkie, Andrew	0:36:30	Cubert	2015	
162	M	138	Trenchard, Ben	0:36:31	Cubert	2013	
163	M	139	Leo, Cas	0:36:34	Cubert	2012	
164	M	140	Goulbourn, Mark	0:36:37	Cubert	2012	
164	F	25	Knowles, Helen	0:36:37	Cubert	2014	
166	F	26	Ollivier, Louise	0:36:38	Cubert	2015	
167	F	27	Burns, Julia	0:36:50	Cubert	2017	
168	F	28	Mitchell, Debbie	0:36:51	Cubert	2019	
169	F	29	Bastiani, Ellen	0:36:52	Mob Match	2015	
170	M	141	Kearney, Peter	0:36:53	Mob Match	2025	
171	F	30	Chesterfield, Caroline	0:36:56	Cubert	2017	
172	M	142	Hall, Josh	0:36:58	Cubert	2010	
173	M	143	Rowe, Martyn	0:36:59	Cubert	2011	
174	M	144	Climmer, Phil	0:37:01	Cubert	2008	
175	M	145	James, Darren	0:37:03	Cubert	2006	
176	F	31	Gerrard, Corinne	0:37:09	Cubert	2018	
177	M	146	Waring, Chris	0:37:13	Cubert	2014	
178	M	147	Eatock, John-Paul	0:37:14	Cubert	2009	
179	M	148	Jose, Charlie	0:37:17	Cubert	2014	
180	F	32	Moore, Kelly	0:37:18	Cubert	2016	

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181	M	149	Smith, Brian	0:37:19	Cubert	2010	
182	M	150	Elgar, Simon	0:37:21	Penwith Radio	2015	
183	M	151	Johns, Philip	0:37:27	Sticker	2019	
184	F	33	Tossell, Rebecca	0:37:32	Sticker	2019	
185	F	34	Newing, Sarah	0:37:34	Cubert	2012	
186	M	152	McIvor, Terry	0:37:37	Penwith Radio	2012	
187	M	153	Uren, Darren	0:37:44	Sticker	2024	
188	F	35	Ellen, Emily	0:37:48	Cubert	2019	
189	F	36	Rogers, Tear	0:37:51	Mob Match	2024	
190	M	154	Murrish, Darren	0:37:52	Cubert	2012	
191	F	37	Williams, Maria	0:37:53	Cubert	2011	
192	F	38	Kearney, Tamara	0:37:55	Sticker	2026	0:01:53
193	M	155	Underhill, Craig	0:37:59	Mob Match	2023	
194	F	39	Aspden, Gail	0:38:01	St Agnes	2026	0:00:52
195	F	40	Bowker, Rachel	0:38:03	Cubert	2015	
195	M	156	Cudmore, Nathan	0:38:03	Mob Match	2024	
197	F	41	Garvey, Jessica	0:38:04	Remembrance	2015	
197	M	157	Rowe, Phil	0:38:04	Cubert	2008	
199	F	42	Riggall, Kimberley	0:38:07	Cubert	2014	
200	M	158	Scott, David	0:38:08	Cubert	2008	
200	F	43	Spencer-Smith, Andrea	0:38:08	Cubert	2006	
202	F	44	Lawrenson-Reid, June	0:38:09	Cubert	2006	
203	F	45	Foreman, Michelle	0:38:13	Cubert	2008	
204	M	159	Bastian, Adrian	0:38:15	Cubert	2013	
204	M	159	Parker, Keith	0:38:15	Cubert	2007	
206	M	161	Shepherd, Alan	0:38:18	Tree Tops	2005	
207	F	46	Towers, Julie	0:38:19	Mob Match	2024	
208	M	162	Maclaren, Steve	0:38:20	Sticker	2019	
209	F	47	Goodman, Anna	0:38:21	Mob Match	2024	
210	F	48	Clare, Helen	0:38:23	Cubert	2012	
211	F	49	Simmons, Andrea	0:38:24	St Agnes	2025	
212	M	163	Jones, Zac	0:38:25	St Agnes	2026	
213	M	164	Wigram, Tim	0:38:28	Cubert	2011	
214	M	165	Murray, Simon	0:38:29	Mob Match	2023	
215	F	50	Astill, Naomi	0:38:37	Cubert	2018	
216	F	51	Barker, Jane	0:38:39	Mob Match	2022	
217	F	52	Thomas, Alison	0:38:40	Cubert	2017	
218	F	53	Turner, Teigan	0:38:46	St Agnes	2026	
219	M	166	Round, Matthew	0:38:54	Cubert	2013	
220	M	167	Haynes, Howard	0:38:59	Cubert	2008	
221	M	168	Charmichael, David	0:39:02	Cubert	2008	
222	F	54	Bennett, Emily	0:39:06	Cubert	2017	
223	F	55	Holland, Jo	0:39:15	Cubert	2016	
224	M	169	George, Andrew	0:39:17	Cubert	2016	
225	F	56	Warren, Diane	0:39:18	Cubert	2019	

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226	M	170	Thomas, Andrew	0:39:19	Sticker	2007	
227	M	171	Wright, Crispin	0:39:21	Mob Match	2009	
227	M	171	Wright, David	0:39:21	Cubert	2013	
229	F	57	Gibson, Alice	0:39:27	Mob Match	2017	
230	F	58	Cliff, Naomi	0:39:31	Cubert	2009	
230	M	173	Merrett, Graham	0:39:31	Cubert	2016	
232	F	59	Vivian, Gemma	0:39:34	Sticker	2022	
233	F	60	Campbell, Rebecca	0:39:35	Mob Match	2010	
234	F	61	Fitzmaurice, Kate	0:39:36	Cubert	2009	
235	F	62	Renowden, Zoe	0:39:40	Cubert	2018	
236	F	63	King, Ruby	0:39:41	St Agnes	2026	
237	M	174	Cuthbert, Alfie	0:39:43	St Agnes	2026	
238	M	175	Mangion, Santino	0:39:45	Mob Match	2023	
238	F	64	Nicoll, Ruth	0:39:45	Cubert	2008	
240	M	176	Seymour, Rob	0:39:49	Cubert	2010	
241	F	65	Lamerton, Sharon	0:39:50	Mob Match	2015	
242	F	66	Burrow, Melissa	0:39:53	Cubert	2018	
243	F	67	Thomas, Louise	0:39:56	Cubert	2007	
244	M	177	Glew, Graham	0:39:57	Cubert	2019	
245	M	178	Keenan, Brad	0:40:05	Sticker	2026	0:02:43
246	F	68	Booth, Denise	0:40:05	Cubert	2008	
247	F	69	Mcp hail, Mo	0:40:07	Cubert	2012	
248	F	70	Sanders, Iona	0:40:08	Cubert	2008	
249	F	71	Walker, Amy	0:40:10	Cubert	2009	
250	M	179	Thompson, David	0:40:12	Mob Match	2008	
251	F	72	Foreman, Lia	0:40:13	Mob Match	2024	
252	F	73	Markey, Anne	0:40:14	Cubert	2010	
253	M	180	Collett, Richard	0:40:15	Mob Match	2022	
254	M	181	Angwin, Richard	0:40:16	Cubert	2011	
255	M	182	Breakwell, Curt	0:40:19	Sticker	2016	
255	F	74	Lawry, Nikki	0:40:19	Cubert	2016	
257	F	75	Frame, Kate	0:40:20	Mob Match	2025	
258	M	183	Bonar, David	0:40:26	Cubert	2017	
258	F	76	Pierce, Ruth	0:40:26	Cubert	2017	
260	F	77	Walton, Nancy	0:40:27	Sticker	2010	
261	F	78	Wade, Faye	0:40:28	Cubert	2011	
262	F	79	Such, Louise	0:40:31	Cubert	2008	
263	F	80	Poultney, Melissa	0:40:41	Cubert	2015	
263	F	80	Tredinnick, Emma	0:40:41	Cubert	2008	
265	F	82	Smith, Hannah	0:40:42	Cubert	2013	
266	M	184	Searle, Jack	0:40:43	St Agnes	2026	
267	F	83	Spargo, Gail	0:40:45	Cubert	2009	
268	F	84	Lee, Becky	0:40:47	Cubert	2011	
269	F	85	Jones, Amanda	0:40:51	Penwith Radio	2012	
270	F	86	Burgess, Nicki	0:40:54	Mob Match	2006	

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271	F	87	Roskilly, Michelle	0:40:56	Cubert	2019	
272	F	88	Galbraith, Kathryn	0:40:57	Mob Match	2023	
273	F	89	Chapman, Susan	0:41:03	Cubert	2011	
274	F	90	Connon, Naomi	0:41:05	Cubert	2015	
275	M	185	Thompson, Fergus	0:41:06	Mob Match	2008	
276	M	186	Swain, Gary	0:41:09	Mob Match	2022	
277	M	187	Blackburn, Simon	0:41:10	Mob Match	2022	
278	M	188	Penhaul, Chunky	0:41:11	Mob Match	2022	
279	M	189	Evans, Alun	0:41:15	Cubert	2015	
280	M	190	Bristow, Don	0:41:16	Tree Tops	2003	
280	F	91	Merrett, Trish	0:41:16	Mob Match	2010	
280	F	91	Stewart, Kelly	0:41:16	Cubert	2008	
283	M	191	Sobey, David	0:41:17	Mob Match	2008	
284	F	93	Sullivan, Sharon	0:41:26	Cubert	2012	
285	M	192	Thomas, Colin	0:41:27	Cubert	2011	
286	F	94	Adams, Elaine	0:41:30	Cubert	2018	
287	F	95	Litt, Casey	0:41:32	Sticker	2011	
288	F	96	Davis, Jady	0:41:37	Cubert	2013	
289	M	193	Boucher, Richard	0:41:40	Mob Match	2022	
289	M	193	Jordan, Rob	0:41:40	Cubert	2016	
291	F	97	Senior, Anne	0:41:41	Cubert	2013	
292	M	195	Smith, Stuart	0:41:45	Sticker	2023	
293	M	196	Campbell, Chris	0:41:47	Mob Match	2022	
294	M	197	Bennetts, Shaun	0:41:55	Cubert	2017	
294	M	197	Biss, Andrew	0:41:55	Sticker	2010	
296	F	98	Pegg, Rachel	0:41:56	Sticker	2010	
297	F	99	Iivonen-Gray, Katri	0:41:57	Cubert	2018	
297	F	99	Lewis, Caroline	0:41:57	Cubert	2007	
299	F	101	Lacekle, Liga	0:42:01	Mob Match	2013	
300	M	199	De Rozarieux, Nathan	0:42:04	Cubert	2017	
301	F	102	Haghani, Laura	0:42:07	Sticker	2025	
302	M	200	Thomas, Paul	0:42:08	Cubert	2014	
303	F	103	Osborn, Kathryn	0:42:12	Cubert	2011	
304	M	201	Hocking, Daniel	0:42:23	Mob Match	2024	
305	F	104	Carrill, Rosie	0:42:25	Cubert	2017	
305	F	104	Jelf, Michelle	0:42:25	Cubert	2014	
307	M	202	Drewett, Toby	0:42:26	Cubert	2019	
308	F	106	Bills, Kelly	0:42:27	Sticker	2024	
309	F	107	Forbes, Jennifer	0:42:30	Mob Match	2023	
310	F	108	Billing, Kathryn	0:42:31	Cubert	2009	
311	F	109	Billington, Melanie	0:42:37	Cubert	2016	
312	F	110	Holly, Michaela	0:42:38	Sticker	2011	
312	F	110	Pellow, Julie	0:42:38	Cubert	2011	
312	M	203	Tredinnick, Terry	0:42:38	Cubert	2009	
315	M	204	Burrows, Robert	0:42:39	Mob Match	2023	

5 Mile PBs

(Updated to Sticker 2026)

The PBs are for races in a Hayle Shirt.

Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
316	F	112	Cardell, Timothea	0:42:40	Cubert	2010	
317	F	113	Holley, Michaela	0:42:41	Cubert	2012	
318	M	205	Oxley, Mike	0:42:51	Sticker	2026	0:01:47
319	M	206	Roskruge, Martin	0:42:52	Cubert	2013	
320	M	207	Merrett, Sean	0:42:54	Cubert	2016	
321	F	114	Rowat, Sharon	0:43:01	Mob Match	2015	
322	F	115	Buckland, Jennifer	0:43:02	Mob Match	2024	
323	M	208	Feber, Stephen	0:43:09	Mob Match	2008	
324	M	209	Rockett, Tim	0:43:13	Cubert	2007	
325	F	116	Lewis, Bridget	0:43:17	Mob Match	2025	
326	F	117	Burgess, Mel	0:43:21	Mob Match	2025	
326	F	117	Ferguson, Ana	0:43:21	Cubert	2013	
328	F	119	Long, Fran	0:43:24	Cubert	2016	
329	F	120	Martin, Kelly	0:43:26	Cubert	2015	
330	M	210	Redrup, Scott	0:43:28	Sticker	2026	0:00:39
331	F	121	Stone, Natasha	0:43:29	Cubert	2015	
332	F	122	Rouncefield, Carol	0:43:31	Cubert	2011	
333	F	123	O'Keeffe, Jackie	0:43:34	Cubert	2011	
334	M	211	Flores, Pierre	0:43:39	Mob Match	2017	
335	F	124	Baldwin, Sarah	0:43:39	Mob Match	2009	
336	F	125	De Ruvo, Maria	0:43:42	Mob Match	2022	
337	F	126	Kitchen, Amelia	0:43:50	Cubert	2019	
338	F	127	Crehan, Kate	0:43:55	Cubert	2019	
338	F	127	La Brash, Angela	0:43:55	Sticker	2013	
338	F	127	Wills, Kerry	0:43:55	Mob Match	2011	
341	F	130	Laing, Stella	0:44:03	Cubert	2009	
342	F	131	Woolnough, Hannah	0:44:08	Cubert	2011	
343	F	132	Ray, Pamela	0:44:09	Mob Match	2017	
344	F	133	Casey, Helen	0:44:10	Mob Match	2022	
345	M	212	Matta, Chris	0:44:19	Sticker	2010	
346	F	134	Willcocks, Jayne	0:44:24	Tree Tops	2005	
347	F	135	Bundy, Hannah	0:44:25	St Agnes	2026	
348	F	136	Cuthbert, Helen	0:44:28	Mob Match	2025	
349	F	136	Smith, Anita	0:44:28	Cubert	2010	
350	F	138	Clifton, Faye	0:44:31	Cubert	2014	
351	F	139	Stone, Olivia	0:44:32	Cubert	2013	
352	M	213	Cornish, Trevor	0:44:36	Cubert	2019	
352	F	140	Stephens, Gemma	0:44:36	Penwith Radio	2013	
354	F	141	Abraham, Amy	0:44:39	Cubert	2018	
355	F	142	Caddamy, Michele	0:44:41	Cubert	2011	
356	F	143	Pearce, Deborah	0:44:46	Mob Match	2015	
357	F	144	Wilding, Sarah	0:44:47	Cubert	2017	
358	F	145	Hanson, Julie	0:44:50	Mob Match	2006	
359	F	146	Fitt, Michelle	0:44:51	Sticker	2023	
360	F	147	Pochee, Amanda	0:44:56	Cubert	2017	

5 Mile PBs

(Updated to Sticker 2026)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
361	F	148	Kearney, Jemma	0:44:59	Mob Match	2025	
362	F	149	Gore, Jamie	0:45:03	Cubert	2019	
362	F	149	Knowles, Tamsin	0:45:03	Cubert	2018	
362	F	149	Redfern, Jackie	0:45:03	Cubert	2010	
365	F	152	Thomas, Sarah	0:45:04	Mob Match	2025	
366	F	153	De Barros, Sara	0:45:05	Mob Match	2015	
367	F	154	Phillips, Ruth	0:45:06	Cubert	2019	
368	M	214	Lagor, Stephen	0:45:07	Cubert	2014	
369	F	155	Wright, Pandora	0:45:13	Cubert	2007	
370	F	156	Beman, Lynn	0:45:14	Cubert	2009	
371	M	215	Bowden, Ian	0:45:17	Cubert	2010	
372	F	157	Stevens, Carol	0:45:18	Penwith Radio	2012	
373	F	158	Caroll, Rosie	0:45:27	Sticker	2017	
374	F	159	Carter, Nikki	0:45:28	Cubert	2014	
375	M	216	Collier, Richard	0:45:33	St Agnes	2026	
375	F	160	Uren, Lisa	0:45:33	Sticker	2024	
377	F	161	Rogers, Zenna	0:45:34	Cubert	2017	
377	F	161	Tonkin, Jane	0:45:34	Tree Tops	2005	
379	M	217	Reynolds, Andrew	0:45:36	Cubert	2008	
380	F	163	Cumbley, Kat	0:45:39	Mob Match	2017	
381	M	218	Swetnam, Jim	0:45:44	Mob Match	2015	
382	F	164	Davis, Ruth	0:45:45	Cubert	2015	
383	F	165	Picking, Alice	0:45:47	Sticker	2026	0:00:35
384	F	166	Haley, Sherry	0:45:56	Cubert	2011	
385	F	167	Smith, Mo	0:46:02	Cubert	2011	
386	F	168	Charles, Kirsty	0:46:07	Cubert	2011	
386	F	168	Freebury, Pauline	0:46:07	Mob Match	2011	
386	F	168	Thompson, Tamsin	0:46:07	Mob Match	2013	
389	F	171	Wright, Natasha	0:46:16	Cubert	2018	
390	F	171	Clark, Margaret	0:46:16	Mob Match	2023	
391	F	173	Hogan, Sandra	0:46:24	Cubert	2009	
392	F	174	Gibbard, Helen	0:46:26	Mob Match	2007	
393	F	175	Sycamore, Kathryn	0:46:28	Cubert	2008	
394	F	176	Harvey Hancock, Missie	0:46:30	Mob Match	2013	
394	F	176	Stevens, Lynette	0:46:30	Cubert	2011	
396	F	178	Topping, Laura	0:46:39	Mob Match	2025	
397	F	179	Moore, Liz	0:46:45	Cubert	2009	
398	F	180	Dudding, Debi	0:46:50	Cubert	2015	
399	F	181	Greef, Jayne	0:46:53	Cubert	2010	
400	F	182	Green, Nikki	0:46:58	Cubert	2015	
401	F	183	Marks, Victoria	0:46:59	Cubert	2017	
401	M	219	Morley, Nick	0:46:59	Great Flat Lode	2011	
403	M	220	Mulliss, Rowan	0:47:00	Sticker	2025	
404	F	184	Baker, Cerys	0:47:04	Cubert	2011	
405	M	221	Clarke, Dale	0:47:05	Cubert	2019	

5 Mile PBs

(Updated to Sticker 2026)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
406	F	185	Elgar, Rebecca	0:47:08	Cubert	2015	
407	F	186	Rochford, Hayley	0:47:09	Cubert	2013	
408	F	187	Culley, Carol	0:47:11	Cubert	2015	
409	F	188	King, Wendy	0:47:12	Cubert	2012	
410	F	189	Williams, Laura	0:47:13	Cubert	2018	
411	F	190	Hill, Jo	0:47:16	Cubert	2012	
412	F	191	Mills, Helen	0:47:30	Cubert	2014	
412	F	191	Stainsby, Elaine	0:47:30	Cubert	2009	
412	F	191	Wood, Sarah	0:47:30	Cubert	2011	
415	M	222	De Ruvo, Daniel	0:47:33	Mob Match	2023	
415	F	194	Little, Catherine	0:47:33	Cubert	2008	
417	F	195	Williams, Tania	0:47:35	Cubert	2016	
418	M	223	Bennetts, William	0:47:36	Cubert	2008	
419	F	196	Reid, Michelle	0:47:45	Cubert	2008	
420	F	197	Livonen-Gray, Katri	0:47:47	Cubert	2017	
421	M	224	Cathcart, Saul	0:47:49	Cubert	2011	
421	F	198	Green, Anna	0:47:49	Cubert	2011	
423	M	225	Harling, Jack	0:47:50	Cubert	2012	
424	M	226	Bennett, Shaun	0:47:53	Cubert	2016	
425	F	199	Kirk, Debbie	0:48:09	Mob Match	2008	
426	F	200	Kirk, Jo	0:48:10	Cubert	2012	
427	F	201	Regan, Ellen	0:48:15	Mob Match	2025	
428	M	227	Gill, David	0:48:19	Mob Match	2025	
429	M	228	Heather, Andrew	0:48:21	Mob Match	2025	
430	F	202	James, Linda	0:48:31	Cubert	2009	
431	M	229	Saundry, Richard	0:48:32	Penwith Radio	2012	
431	F	203	Stone, Claire	0:48:32	Mob Match	2024	
433	F	204	Deere, Louise	0:48:33	Cubert	2018	
434	F	205	Costello, Susan	0:48:34	Cubert	2018	
435	F	206	Scholes, Claire	0:48:41	Mob Match	2010	
436	F	207	Kenney, Charlotte	0:48:44	Cubert	2017	
437	F	208	Jelbert, Ruth	0:48:51	Cubert	2008	
438	F	209	Nimmo, Karen	0:48:53	Cubert	2011	
438	F	209	Richards, Sara	0:48:53	Cubert	2018	
438	F	209	Shaw, Nicki	0:48:53	Cubert	2008	
441	F	212	Brennan, Valerie	0:48:58	Cubert	2012	
441	F	212	Davies Kirsop, Florence	0:48:58	Mob Match	2015	
443	F	214	Brandreth, Jacky	0:49:05	Cubert	2011	
444	F	215	Masters, Nicola	0:49:06	Mob Match	2023	
445	F	216	Neil, Jennifer	0:49:11	Cubert	2012	
446	F	217	Roberts, Dominique	0:49:13	Cubert	2008	
446	F	217	Wood, Penny	0:49:13	Cubert	2008	
448	F	219	Pascoe, Wendy	0:49:14	Cubert	2017	
449	F	220	Harry, Becky	0:49:32	Cubert	2008	
450	F	221	Gunn, Ruth	0:49:41	Cubert	2013	

5 Mile PBs

(Updated to Sticker 2026)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
450	F	221	Hocking, Stacey	0:49:41	Cubert	2018	
452	F	223	Potter, Claire	0:49:44	Cubert	2011	
453	M	230	Brennan, Tom	0:49:49	Mob Match	2008	
454	M	231	Jones, Huw	0:49:50	Cubert	2018	
454	F	224	Sycamore, Grace	0:49:50	Cubert	2017	
456	M	232	Woolley, David	0:49:51	Penwith Radio	2012	
457	F	225	Vaughan, Anna	0:49:52	Cubert	2011	
458	F	226	Parker, Deborah	0:49:54	Penwith Radio	2015	
458	F	226	Wilson, Lucy	0:49:54	Penwith Radio	2015	
460	F	228	Moore, Sue	0:49:59	Cubert	2017	
461	M	233	Hoskins, Matthew	0:50:00	Cubert	2009	
462	F	229	Middlemiss, Marilyn	0:50:08	Cubert	2008	
463	F	230	Allnutt, Pat	0:50:09	Cubert	2010	
464	F	231	Stone, Jackie	0:50:16	Mob Match	2023	
465	M	234	Squire, Mark	0:50:22	Mob Match	2022	
466	M	235	Bolitho, Robert	0:50:32	Mob Match	2023	
466	F	232	Oxenham, Lynne	0:50:32	Mob Match	2006	
468	F	233	Squire, Helen	0:50:33	Mob Match	2025	
469	F	234	Galloway, Kathryn	0:50:34	Cubert	2008	
470	F	235	Challoner, Jady	0:50:36	Penwith Radio	2012	
471	F	236	James, Michaela	0:50:45	Penwith Radio	2012	
471	M	236	Marsh, Stuart	0:50:45	Cubert	2017	
473	F	237	Massey, Jennie	0:50:49	Cubert	2015	
474	F	238	McGuire, Jo	0:50:50	Cubert	2013	
475	F	239	Newcombe, Jo	0:50:59	Cubert	2017	
476	M	237	Jones, Dylan	0:51:02	Cubert	2010	
477	F	240	Clark, Theresa	0:51:09	Sticker	2024	
478	F	241	Thomas, Susan	0:51:15	Sticker	2024	
479	F	242	Simmons, Ruth	0:51:16	Cubert	2011	
480	F	243	Mackintosh, Susie	0:51:19	Cubert	2016	
481	F	244	Mates, Lauren	0:51:24	Cubert	2017	
482	F	245	Deaves, Liberty	0:51:29	Cubert	2013	
482	F	245	Whitefield, Mary	0:51:29	Cubert	2013	
484	F	247	Baker-Martin, Claire	0:51:31	St Agnes	2026	
484	F	247	Curnow, Margaret	0:51:31	Cubert	2018	
486	F	249	Belshaw, Sarah	0:51:32	Cubert	2012	
486	F	249	Turner, Glynnis	0:51:32	Mob Match	2015	
488	F	251	Richards, Helen	0:51:36	Mob Match	2022	
489	M	238	Hemingway-Wright, Stephen	0:51:40	Cubert	2009	
490	M	239	Wright, Mike	0:51:41	Cubert	2011	
491	F	252	Howorth, Anna	0:51:53	Cubert	2008	
492	F	253	Richards, Jackie	0:51:54	Cubert	2010	
493	F	254	Pollard, Jean	0:52:00	Cubert	2009	
494	F	255	Timms, Carolyn	0:52:01	Cubert	2018	
495	F	256	Henry, Naila	0:52:05	Mob Match	2011	

5 Mile PBs

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
495	M	240	Webster, Piers	0:52:05	Cubert	2009	
497	M	241	Adams, Mark	0:52:13	Cubert	2016	
497	F	257	Savage, Suzy	0:52:13	Cubert	2017	
499	F	258	Painter, Sarah	0:52:16	Cubert	2014	
500	F	259	Warren, Rebecca	0:52:18	Cubert	2011	
501	M	242	Bumford, James	0:52:19	Mob Match	2011	
502	F	260	Nimmo, Donna	0:52:34	Penwith Radio	2012	
503	F	261	Alexander, Lesley	0:52:36	Cubert	2011	
503	F	261	Baldwin, Charlotte	0:52:36	Mob Match	2011	
505	F	263	Uren, Gina	0:52:38	Cubert	2015	
506	F	264	Bolitho, Julie	0:52:42	Sticker	2022	
507	F	265	Atherton, Julie	0:52:44	Cubert	2016	
508	F	266	Cattran-Dunlop, Helen	0:52:46	Mob Match	2022	
508	F	266	Hart, Caroline	0:52:46	Cubert	2009	
510	F	268	Good, Christine	0:52:58	Cubert	2011	
510	F	268	Nicholls, Derrika	0:52:58	Cubert	2011	
512	F	270	Naylor, Jane	0:53:02	Sticker	2022	
513	F	271	Rickard, Lucy	0:53:10	Cubert	2011	
514	F	272	Ezra, Mandy	0:53:15	Cubert	2010	
515	F	273	Rowe, Christina	0:53:21	Cubert	2014	
516	F	274	Jukes, Ashley	0:53:22	Cubert	2013	
516	F	274	Lewis, Deborah	0:53:22	Mob Match	2015	
518	F	276	Miller, Amanda	0:53:25	Mob Match	2022	
519	F	277	Ellis, Jemma	0:53:27	Cubert	2019	
520	M	243	Kneale, Marcus	0:53:48	Cubert	2013	
521	F	278	Cheel, Amanda	0:53:49	Cubert	2012	
521	F	278	Thomason, Vicky	0:53:49	Cubert	2013	
523	F	280	Drew, Emily	0:53:50	Cubert	2014	
524	F	281	Pickersgill, Janet	0:53:53	Penwith Radio	2012	
525	F	282	Emery, Susanne	0:53:54	Penwith Radio	2013	
526	F	283	Billington, Laetitia	0:54:08	Sticker	2016	
527	F	284	Lay, Jo	0:54:22	Cubert	2019	
528	M	244	Armitage, Mike	0:54:25	Mob Match	2006	
529	F	285	Pleasants, Sam	0:54:26	Penwith Radio	2012	
530	F	286	Laetitia, Billington	0:54:29	Cubert	2016	
531	F	287	Mills, Michelle	0:54:35	Cubert	2011	
532	M	245	Naylor, Steven	0:54:36	Mob Match	2022	
533	F	288	Johns, Sarah	0:54:51	Mob Match	2022	
534	F	289	Hardy, Katie	0:54:55	Cubert	2013	
535	F	290	Taylor, Emma	0:55:10	Mob Match	2025	
535	F	290	Thomson, Rachel	0:55:10	Mob Match	2025	
537	F	292	King, Suzi	0:55:33	Cubert	2012	
538	F	293	Atkinson, Anita	0:55:37	Cubert	2012	
539	F	294	Johns, Emma	0:55:39	Mob Match	2023	
540	F	295	Byrne, Deborah	0:55:49	Cubert	2008	

5 Mile PBs

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
541	F	296	Gore, Amanda	0:56:03	Mob Match	2022	
542	F	297	Gray, Kelly	0:56:14	Cubert	2017	
542	F	297	Jones, Mary	0:56:14	Cubert	2017	
544	M	246	Frost, Julie	0:56:17	Mob Match	2024	
544	F	299	Ninnes, Louise	0:56:17	Great Flat Lode	2011	
546	F	300	Correnti, Sarah	0:56:26	Cubert	2018	
547	F	301	Butler, Lorraine	0:56:54	Cubert	2011	
548	F	302	Ormerod, Su	0:57:09	Cubert	2015	
549	F	303	Evans, Julie	0:57:16	Cubert	2012	
550	F	304	Page, Jo	0:57:24	Penwith Radio	2012	
551	F	305	Clough, Lucy	0:57:29	Cubert	2012	
552	F	306	Giffal, Verity	0:57:31	Cubert	2009	
553	F	307	Coldrick, Debra	0:57:32	Penwith Radio	2012	
554	F	308	Farley, Jenna	0:57:35	Cubert	2014	
554	F	308	Phillips, Caroline	0:57:35	Cubert	2010	
556	F	310	Pilling, Pauline	0:57:44	Mob Match	2006	
557	F	311	Dixon, Samantha	0:57:47	Mob Match	2022	
557	F	311	Kitchener, Megan	0:57:47	Cubert	2016	
559	F	313	Mungles, Clare	0:57:54	Cubert	2016	
560	F	314	Williams, Soraya	0:58:07	Mob Match	2025	
561	F	315	Jeffery, Jan	0:58:09	Cubert	2008	
562	F	316	Johnson, Beth	0:58:10	Cubert	2013	
563	F	317	Wilkinson, Hannah	0:58:11	Cubert	2018	
564	F	318	Douglas, Sue	0:58:13	Cubert	2008	
565	F	319	Berriman, Anne	0:58:24	Cubert	2009	
566	F	320	Sedgman, Linda	0:58:25	Penwith Radio	2012	
567	F	321	Hamshar, Helen	0:58:32	Penwith Radio	2012	
567	F	321	Jenkin, Lucy	0:58:32	Penwith Radio	2012	
569	F	323	Sturges, Deborah	0:58:46	Sticker	2026	0:01:55
570	F	324	Ellis, Sarah	0:58:55	Mob Match	2023	
571	F	325	McNaughton-James, Sarah	0:59:07	Cubert	2017	
572	F	326	Charlton, Amy	0:59:12	Sticker	2022	
573	F	327	Cobell, Anne	0:59:15	Mob Match	2025	
574	F	328	Nancarrow, Karen	0:59:38	Sticker	2012	
575	F	329	Sills, Helen	0:59:59	Cubert	2012	
576	F	330	Hayes, Frances	1:00:28	Cubert	2011	
577	F	331	Rowe, Emma	1:00:35	Sticker	2007	
578	F	332	Robinson, Samantha	1:00:37	Mob Match	2023	
579	F	333	Walton, Marie	1:00:52	Cubert	2010	
580	F	334	Pamphilon, Lorna	1:01:14	Cubert	2011	
581	F	335	Murley, Louise	1:01:19	Sticker	2016	
582	F	336	Burton, Lorna	1:01:34	Mob Match	2025	
583	F	337	Dark, Donna	1:02:39	Mob Match	2023	
584	F	338	Bonar, Karen	1:02:41	Cubert	2012	
584	F	338	Jopson, Louise	1:02:41	Cubert	2012	

5 Mile PBs

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2026 Progress
586	F	340	Hewett, Holly	1:02:57	Sticker	2025	
587	F	341	Collier, Samantha	1:02:59	Sticker	2025	
588	F	342	Mills, Helen	1:04:16	Cubert	2018	
589	F	343	Trenchard, Lisa	1:04:49	Mob Match	2006	
590	F	344	Smith, Suzie	1:06:45	St Agnes	2026	
591	F	345	Heather, Jo	1:08:33	Sticker	2024	
592	F	346	Lilley, Della	1:10:44	Penwith Radio	2012	
593	F	347	Potter, Elaine	1:18:01	Cubert	2012	